Making Connections:
The Passions & Perils of Youth in Cyberia
Part 1

Collett Smart
Overview

Part 1
• Boys’ and Girls’ Motivations for being online
• An analysis of today’s Media and the link to Youth Cyber Behaviour
• The 4 A’s – The ‘why’ of addiction
• The ‘Brain Science’ of addictions
• Signs of addiction - Pornography risks
• The ‘so what?’ factor

Part 2
• Types of Cyber Behaviour
• Facebook
• A Case Study
• Sexting and grooming
• Signs of cyber bullying and ‘grooming’
• Safety measures
• The Good News!
Why we care as a society

- The amount of time spent with media increased by an hour and seventeen minutes a day over the past five years to 7:38 today.

- “The amount of time young people spend with media has grown to where it’s even more than a full-time work week,” said Drew Altman, Ph.D., President and CEO of the Kaiser Family Foundation. “When children are spending this much time doing anything, we need to understand how it’s affecting them – for good and bad.”
Hollywood & Cyber Space teach our children about sexual intimacy

The media derives our reality – It teaches ideas couched as ‘guidance’. It indicates that Sex is a normal, natural urge that should be readily and fully expressed between any consenting individuals – if it feels good, then just do it – Oh... but do it safely!
Influences that guide our young people’s online activity...
• Magazines
• Music videos
• Clothing
• Billboards
• Games
• The internet
Save your preferences when finished and return to search.

Global Preferences
(changes apply to all Google services)

Display Google tips and messages in:

- [ ] English

If you do not find your native language in the pulldown above, you can help Google create it through our Google in Your Language program.

Prefer pages written in these language(s):

- [ ] Afrikaans
- [ ] Arabic
- [ ] Armenian
- [ ] Belarusian
- [x] Bulgarian
- [ ] Catalan
- [ ] Chinese (Simplified)
- [ ] Chinese (Traditional)
- [ ] Croatian
- [ ] Czech
- [ ] Danish
- [ ] Dutch
- [ ] English
- [ ] Esperanto
- [ ] Estonian
- [ ] Filipino
- [ ] Finnish
- [ ] French
- [ ] German
- [ ] Greek
- [ ] Hebrew
- [ ] Hindi
- [ ] Hungarian
- [ ] Icelandic
- [ ] Indonesian
- [ ] Italian
- [ ] Japanese
- [ ] Korean
- [ ] Latvian
- [ ] Lithuanian
- [ ] Norwegian
- [ ] Polish
- [ ] Portuguese
- [ ] Persian
- [ ] Russian

SafeSearch Filtering

Google’s SafeSearch blocks web pages containing explicit sexual content from appearing in search results.

- [ ] Use strict filtering (Filter both explicit text and explicit images)
- [ ] Use moderate filtering (Filter explicit images only - default behavior)
- [ ] Do not filter my search results
Internet Pornography – a Drug Dealers Dream Come True (Kastleman)

The 4 A’s of the Internet:
Signs of a pornography Problem

- Become quiet, depressed and isolated from family and friends
- Doesn’t want to go to school
- Discontinues formerly enjoyed pursuits
- Increasingly argumentative, blaming and defensive
- Won’t talk about what is bothering him
- Attitude to TV, movies etc changes
- Notice a loss of respect for women
- Begins acting out sexually
- Obsession with body parts
- Stays up late on the computer, locking doors or turning off the monitor when someone comes
- Internet history files have been deleted
- Phone costs go up
- Spends a lot of time in ‘chat rooms’
- Lying
So what?
Transferred into every day life...
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Part 2

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“Knowledge is not equal to Wisdom”
How are youth spending time online?

- Email
- Google
- Facebook, MSN, (My Space), Twitter
- YouTube
- Webcams
- ChatRoulette
- Chat rooms
- Mobile phones (Apple)
- X-box
- Online Games
Choose your privacy settings

### Connecting on Facebook
Control basic information your friends will use to find you on Facebook. [View settings](#)

### Sharing on Facebook
These settings control who can see what you share.

<table>
<thead>
<tr>
<th>Everyone</th>
<th>Friends of friends</th>
<th>Friends only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your status, photos and posts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bio and favorite quotations</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family and relationships</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Photos and videos you're tagged in</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religious and political views</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birthday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Permission to comment on your posts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Places you check in to (?)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contact information</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Customise settings

### Apps and websites
Edit your settings for using apps, games and websites.

### Block lists
Edit your lists of blocked people and apps.

### Controlling how you share
Learn more about your privacy on Facebook.
Choose your privacy settings » Customise settings

Customise who can see and comment on things you share, things on your Wall and things you're tagged in.

### Things I share

<table>
<thead>
<tr>
<th>Posts by me</th>
<th>Default setting for posts, including status updates and photos</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family</td>
<td>Friends only</td>
</tr>
<tr>
<td>Relationships</td>
<td>Friends only</td>
</tr>
<tr>
<td>Interested in</td>
<td>Friends only</td>
</tr>
<tr>
<td>Bio and favorite quotations</td>
<td>Friends only</td>
</tr>
<tr>
<td>Website</td>
<td>Friends only</td>
</tr>
<tr>
<td>Religious and political views</td>
<td>Friends of friends</td>
</tr>
<tr>
<td>Birthday</td>
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<td>Places I check in to</td>
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</tr>
</tbody>
</table>

Include me in "People here now" after I check in

Visible to friends and people checked in nearby (See an example)

Enable

Edit privacy settings for existing photo albums and videos.
What are the consequences of ‘sexting’?

Taking, sending or receiving sexual images of a minor (under 16) is illegal.
Cyber Bullying:

Q - What is ‘bullying’?
A - An imbalance of power!

Types = Stalking, Harassment, Outing, Flaming

EVERYONE has a role to play in stopping bullying. Even if you’re not the one that starts the bullying but follows it, watches it and sends it on or forwards it to your friends, then you are part of the problem, but you can also be part of the solution. (Headspace)
How can you help if cyber bullying /solicitation happens?

Teach children to try:

• Not responding
• Tell a trusted adult when they feel uncomfortable or unsafe
• Block the offender
• Save evidence
• Reflect on how they ‘met’ the person in question
• If contact involves physical threat – tell the police

CRASH & TELL!
Practical Tips for Parents:

- KEEP CURRENT
- KEEP COMMUNICATING
- KEEP CHECKING

The only safe control is SELF control!
**What do you want to protect?**

**My Children**
from adult content & risky interactions

**Protect Your Children!**
An open Internet is unsafe for children and parenting in this digital age is difficult. We provide tools for parents to control unwanted content and provide a safe Internet for your family.

**K9 Web Protection** is a free Internet filter and parental control software for your home Windows or Mac computer. K9 puts YOU in control of the Internet so you can protect your kids.

**My Self**
from scams or temptations

**My Computer**
from spyware & malware

**My Organization**
from adventurous users or threats

**Learn More**
**Free Download**

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**Download for:**  
Windows | MacOS | iPhone, iPod, iPad

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**K9 Web Protection Features**

- Block web sites in more than 70 categories, including pornography, gambling, drugs, violence/hate/racism, malware/spyware, phishing
- Force SafeSearch on all major search engines
- Set time restrictions to block web access during designated times
- Configure custom lists for "always allow" and "always block"
- Override a web page block with password

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**Awards for K9**
Make yourself accountable.

X3watch records questionable websites that you visit and reports them to your accountability partner.

- Monitors web browsing activity
- Notifies accountability partners
- X3watch software works on PC
- Sends scheduled email accountability reports
- Websites can be flagged
- Android/iOS versions available

CHECK IT OUT
Positive uses
Cyber-bullying IS Bullying - Part 2

I was recently privileged enough to survey approximately 400 tweens in the Middle School years (ages 10 to 13) regarding their cyber behaviour. Even though I talk on this topic often it was still hard to believe how real the 'stats' were in the actual lives of the 'every day' students that I surveyed.

Here are a few of the many (unedited) comments I received in answer to the question, "Has anyone ever been unkind to you on the internet? If the answer is yes, explain what happened?"
To prepare children and young people we need to provide them with balanced and clear information and equip them with the right skills so that they can become critically aware and savvy digital users. This will help them to think about the content they find and post on the internet, manage their conduct and be risk aware...
~ Organize to Resist ~

Together, we can take on the predators,
& they won't stand a chance!

Mel Stewart
"The test of the morality of a society is what it does for its children." Dietrich Bonhoeffer (1906 - 1945)