**FROM THE PRINCIPAL**

**Student Successes**
Yet again we will be well represented at the ‘Celebrating The Arts’ Festival which will take place at Riverside Theatre, Parramatta on the 1st, 2nd and 3rd of September. Congratulations to our Year 10 Dance and Year 8 & 10 Drama groups who have been selected as well as Year 12 students Danika Hampstead and Marcus Loy who will all perform at the festival. I’m sure the audiences will be thoroughly entertained by the skills and talents of our students.

**Student Citizens**
On Wednesday one of our young Year 7 students had an anaphylactic reaction while travelling home on the bus after sport. He knew he was reacting to something he had eaten when his lips started to swell and he became distressed and anxious, keen to get home to his mother but knowing he had quite a bit to go before getting there. Some of our older students helped to calm him and kept others on the bus from crowding around him. They reassured him he would be okay and had the forethought to suggest he step off at a doctor’s surgery before going all the way home. They got off with him and stayed there until his mother arrived. Those students were Will Hopkins, Allisha Newby, Declan Connolly and Madeline Hulme for their assistance of this young boy.

**Cosi**
On Thursday evening our Year 11 Drama students presented their performance of Cosi to a very appreciative audience in our Tiered Learning Space. Mr Montgomery directed the play and his students showcased their talents as promising actors in what can only be described as a funny, engaging and at times hilarious production. Many hours of rehearsals went on outside of school hours and the students came to school during the holidays to fine tune their performance. Not only do they get to improve as actors but they learn about the production and directing process as well. This sort of extracurricular activity is typical of the time and effort shown by the teachers at the school and in this instance I thank Mr Montgomery for his dedication to his students and his subject.
Refurbishment of the Science Labs
I was informed by our local MP, David Elliott, that the school has now been selected to have a full refurbishment of our Science Labs in the next round of building works funded by the Department of Education. This is wonderful news for us as our labs have been in need of a facelift for some time. There has never been any question about safety in the labs but bringing them up to scratch in terms of fit out, floor, walls and furniture materials will make a huge difference in this area. We have yet to be informed when this will take place but we will inform you if there is to be any disruption to the teaching and learning.

Assessment and Reporting
All students have now received their mid-year reports and I would like to thank all parents who attended our Parent/Teacher interviews. Every student now needs to reflect on their progress and implement learning strategies to further develop their knowledge, skills and understanding in Semester 2. A huge thank you to the teachers who provided professional, constructive feedback and insight into the students they teach.

Parents who were not able to attend the Parent/Teacher interviews may wish to contact the school on 9624 3133 and organise a phone interview with your child’s teacher by speaking to the Head Teachers, or by contacting the Year Advisers. I remind you of the following staff to contact:

<table>
<thead>
<tr>
<th>Year</th>
<th>Year Adviser</th>
<th>Head Teachers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7</td>
<td>Mr Dawson</td>
<td>Science</td>
</tr>
<tr>
<td>Year 8</td>
<td>Ms Varghese</td>
<td>HSIE</td>
</tr>
<tr>
<td>Year 9</td>
<td>Ms Aldabbas</td>
<td>PDHPE</td>
</tr>
<tr>
<td>Year 10</td>
<td>Ms Letherbarrow</td>
<td>CAPA</td>
</tr>
<tr>
<td>Year 11</td>
<td>Mr Montgomery</td>
<td>IA</td>
</tr>
<tr>
<td>Year 12</td>
<td>Ms Munroe</td>
<td>Home Ec/LOTE</td>
</tr>
</tbody>
</table>

Vale Jack O’Brien
I’m sure many of you have realised by now that Jack O’Brien is an ex-student of Model Farms High School and his passing is a tragedy for his family, friends and the community in general. Of the teachers I have spoken to, such a senseless act could not have taken a nicer, more genuine and lovely young man. I had many teachers approach me on Monday morning when the reality hit that it was Jack, to recount their stories of him and his time at the Farms.

What struck me was that every story I heard about him epitomised the characteristics and values that we want for every young person who walks through our doors and who leaves a better person at the end because they were a “Farmer”. Jack was humble,
selfless, caring, diligent and most of all, he was remembered as being a truly genuine young man who valued friendship and love for others.

I can only offer our sincerest condolences to his family and pray that they find peace and comfort in the memory of their son.

Christina Bennet  
Principal
Trial HSC Examinations

As Year 12 Trial HSC exams come to a close and Year 11 End of Preliminary exams are at the end of Term 3, I felt it would be timely to offer advice regarding preparation for assessments. Please find some helpful hints below, accessible via HSC Online.

Exam Hints
Exam week can be difficult and overwhelming. You may at times feel helpless and uncomfortable, as though there is nothing you can do. After a year of too many classes and too much work, you think you'll have to stay up all night studying to pass your final exams.

But wait! Help is on the way!

Below are some handy hints for exam time, to help you prepare and face the challenges of the forthcoming assessments.

Between now and your HSC Exams
(If you haven’t done this already)
Make up a set of study notes for each course.
Each set of study notes should summarize the reading, your class notes, and any handouts.
Use plenty of bold type and white space to accentuate important ideas or use a Mind map to summarise.
Up until your HSC, Keep adding to the notes and, read through your study sheets regularly.
Talk to your teachers regarding the most effective study methods for each course.
Prepare for your examination timetable. Do you have several exams on one day, a big break between exams or are you the last of your friends to finish their exams? How will you manage these situations?

The Night before the Exam
Read your study notes as usual.

Go to bed early and get a good night's sleep.

The Day of the Exam
Set your alarm and get up early. Allow plenty of time to get to the exam.
Eat a good breakfast including drinking water.
Take a piece of fruit to eat during the exam. This will help keep your blood sugar even, so you don’t tire during the second half of the exam period.

During the Exam
If you feel tense, relax, take a deep breath, and remember that you know the material because you've been reviewing for a number of weeks now.
Keep your eye on the clock while taking the exam. Allow enough time to finish the entire exam. Read the entire exam before beginning to write. Know your enemy, in other words. Allocate time to each section. E.g. multiple choice and extended responses) Read each question a second time, and then answer that question.
After the first hour or so, relax, stretch, eat your fruit. Focus. You know the material. Use the entire exam period rather than rushing.

**Parent Teacher Evening**
Thankyou to staff and parents for the time they spent on Tuesday at the Yr 7 and 8 Parent Teacher Evening. These gatherings provide a great opportunity for staff and parents to work together to support our students development as well as recognising their areas of strength and achievement.

Have a great week,

Mark Grady
Deputy Principal
FROM THE DEPUTY MS PLEDGER

Late Buses
Unfortunately this year it we have had a number of afternoon buses arrive at school significantly late. Whenever this has occurred one of the Deputy Principals always contact HillsBus (bus company responsible for our school buses) and liaises with them as to when the bus will arrive. Students are kept informed about the approximate arrival time. Each time a bus has been late, as a school we have lodged a formal complaint.

Library Review
This year we are reviewing the use of the school’s library. The aim of the review is to develop strategies so that we can continue to support our students in the 21st century as well as we have done in the past. I ask that you please take 10 minutes to give the school some feedback about the library. The survey can be found at: https://www.surveymonkey.com/s/5DSHY3T

7R
This week 7R took part in a challenge day. Students worked in groups to solve a number of challenges throughout the day. They had challenges in:

- Maths
- Science – looking at the ideas of reflection and refraction of light
- English
- General knowledge
- Code Breaking – applying many different types of ciphers to solve a puzzle
- Cartography
- Art and poetry – create an artwork and poem about a location in Australia and describing it in terms of light and colour
- Engineering – create Frank Lloyd Wright inspired house using solid shapes
- Philosophy
- Creative Producers – create a 60 second ad for a location in Australia
All students had a fantastic day and really enjoyed the challenges, especially the engineering and code breaking. Another day is already planned for the last week of term.

Have a good week,
Jennifer Pledger
Deputy Principal
FROM THE FACULTY OF PRACTICAL PROBLEM SOLVERS

Year 12 Industrial Technology Timber Major Works
It is all systems go in Industrial Arts as we launch into Term 3, particularly as the last few weeks are fast disappearing before year 12 have to submit their major projects. Many students have been putting in extra hours between exams to see their work completed (not to mention the teachers too!). Below are some images of the quality work being undertaken:
Year 11 Industrial Technology Timber and Design and Technology
Year 11 ITT and DT students should begin preparing for their yearly examinations which will be in week 9 or 10 at the end of term. Students should also begin researching possibilities for their major project choice as this important component of their year 12 assessment commences Day 1 Term 4.

WANTED – Boarding or Room to Rent
A mature lady is looking for a room to rent Sunday Night to Friday. Required by 1st week in August
Quiet, non-smoker will need access to a bathroom and kitchen and is self-sufficient.
Please contact 0407 468 664
2014

TERM 3

WEEK 3

Mon 28/07  Yr 11 Ancient History
            Historical Investigation due
            HSC Drama Trial
            Stage 2 IP and GP Exam
            in 3DR
            12SAC PIPs due

Tues 29/07  Yr 8 Chemical Reactions
            Test
            Yr 11 Standard English
            Listening Task p3
            Yr 11 Chemistry
            Assessment Task 4 –
            Moles and Water
            HSC Stage 2 Trial
            English Competition

Wed 30/07  Yr 11 Crossroads Camp
            Morisset
            Science Test Chemical
            Reactions 1

Thur 31/07 Yr 11 Crossroads Camp
            Morisset

Fri 01/08  Yr 11 Crossroads Camp
            Morisset
            Yrs 8 & 10 Recognition
            Assembly
            Yr 10 English Reading
            Paper – Belonging
            Assessment

WEEK 4

Mon 04/08  p4 Pledger incursion
            Yr 9 English Speaking
            Task
            Yr 10 Geography
            Fieldwork Stage 1

Mon 04/08 Cont......

Japanese Beginners
Preliminary Listening &
Writing Assessment Task
Yr 9PDL Contraception
Assignment due

Tues 05/08  J9 History in class source
            based assessment task
            Yr 12 SDD: Major Project
            (Stage 2) due
            HSC Dance Showcase
            Night 6:00pm
            Yrs 7 & 8 Debating

Wed 06/08  Yr 10 Ski Trip
            HSC Drama Showcase
            Night School Drama Room
            from 6:00pm

Thur 07/08 Yr 10 Ski Trip
            Yr 9 Leadership Project –
            Session 1
            Australian Maths
            Competiton (Yrs 7-12)
            WSR Drama Festival –
            Joan Sutherland
            Performing Arts Centre
            day/evening

Fri 08/08  Yr 10 Ski Trip
            Yr 11 Modern History
            Assessment Task 4
            Yr 8 English Reading Task
            Yr 10 Graphics Major
            Assignment 2 due
            Yrs 7 & 9 Recognition
            Assembly
CONGRATULATIONS TO THE FOLLOWING MATHEMATICS MERIT RECIPIENTS:

**Year 7**
Jeida Hunuki

**Year 9**
Dominic Lawless

**Year 12 Students** avoid the end of term rush and hand in your Maths merits as soon as possible so that we can issue faculty merits for you in time to have them count towards your bronze, silver and gold awards. Check all of the places at home that you could have left Maths merits over the last 6 years; desks, cupboards, wardrobes etc. After this week you only have 8 weeks to go!!

**This week’s news - Assignment Season:**
Yes, it’s that time of year again! Over the next few weeks Years 7, 8, 9 & 10 will be receiving instructions for their assignments for Term 3. Please encourage your child to start their assignments when they receive the instructions, so that they will be able to complete their work by the due date. Please ensure that they follow the marking criteria. Any assignments submitted after the due date will have 10% of their mark deducted for each day that the assignment is late. Difficulty accessing computers is not a valid excuse for late submission as students have access to computers from 8am to 3.30pm every day in the library.

**Calculators:**
Please make sure that all students have their own calculator. The Casio fx-82AU is sold at the uniform shop for $35. Different brands of scientific calculators work differently and it is important that everyone in a class has the same calculator. Students need this calculator from Year 7. It is vital for their progress that students are familiar with their calculator and know how to use the different functions.

**Free Maths Tuition:**
Free Maths tuition is provided every Thursday afternoon after school from 3pm to 4pm. Years 7 to 10 are in room 8-07 and Years 11 and 12 in 8-06. It is fully supervised by the Mathematics Faculty.

**Coming Events: Maths Competition**
The Maths Competition is on 7th August for students who paid for it in May.

**Fun with Maths**
Year 7 is currently studying Probability. Here is a link for a Probability online game called Probability Pond.


**Last week’s problem:** Each letter stands for a different digit. If GOAL = 6973 what number does GAME represent for: FOOT + BALL = GAME.

When you substitute the known numbers and look at the addition, it becomes 4995 + 1733 = 6728, so GAME = 6728.

Have a Mathematical week,
From Jackie Dalton and the Maths Faculty Staff
UNIFORM SHOP

Trading Days and Hours
Monday, Wednesday and Friday
8.10 am until 9.00 am

Payment Options
Cash - Cheque - Visa - Mastercard

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YEAR 8 – 2015
BOOK PACK ORDERS

We are currently taking orders for Year 8 – 2015 Book Packs. They are available by:

ORDER ONLY

The Book Pack will include all stationery items as requested by every teacher. Payment at time of order is compulsory.

COST:
$45.00

ORDER FORMS:
Given to students
Additional forms are available from the Uniform Shop

ORDERS with PAYMENT:
Received at the Uniform Shop ONLY
As per above days and times

FINAL DAY FOR ORDERS:
Friday 15th August 2014

The Book Packs will be available for pick-up early Term 4. Delivery will be advised in the Newsletter.

Thank You

Roz Noel
Uniform Shop Co-ordinator

WWW.MODELFARMS-H.SCHOOLS.NSW.EDU.AU
FROM THE HSIE FACULTY

SOCIETY AND CULTURE
Year 11 Society and Culture recently attended the URA Forum (Understanding, Respect and Acceptance) held at the Baden Powell Scout Hall in Pennant Hills. The discussion forum is organised by a group of Japanese exchange students who are based at Davidson High School in Frenchs Forest. It brings together students from Model Farms, Davidson and Blacktown Girls’ High School to discuss current global issues that concern Australia’s teenagers. Topics considered included technology, education, underage drinking, human rights, addiction, world peace and multiculturalism. The mixed groups prepared expo-style table presentations and had the opportunity to discuss each other’s topics. The students also enjoyed Japanese food prepared by the Japanese staff and students, a disco at night and a variety of games out on the grass. The forum is a wonderful opportunity for students to interact with students from cultures and backgrounds very different to their own. Thanks must be extended to the wonderful students and staff of the Japanese, ICET exchange program and to the Model Farms parents who helped in ferrying the students to and from the venue.

HISTORY
Year 8: Medieval Age Year 9: Jack the Ripper Year 10: The Cold War

Coming up
Yr 11 Modern History: Major History Project due after camp

GEOGRAPHY
Year 7: Global Issues
Year 9: Unique Australia
Year 10: Australian geographical Issues

Business Studies and Commerce
FROM THE ENGLISH AND DRAMA

Congratulations to the following English & Drama Faculty Merit Award recipients:

Year 10: Sheriyar Mehta
Year 7: Alisha Rachwal, Praneet Singh, Nikita Byrnes, Jalyssa Crisp, Awanti Dahal, Jesse Dymond, Louise Wang, Nikita Byrnes, Jalyssa Crisp, Awanti Dahal, Jesse Dymond,

What are you reading?
As part of their literacy program, students in 7R, 7U and 7I undertake wide reading at the beginning of each English lesson. Over the course of the next few weeks, they would like to share with you what they have been reading and their opinions of the books they have chosen.

Book Review: David Copperfield
I am currently reading ‘David Copperfield’ by Charles Dickens. The main characters in the novel are David Copperfield, Miss and Mr Murdstone, Peggotty, Betsey Trotwood and Uriah Heep.

I chose this book because from what I heard it seemed like an interesting book, very thought provoking and different to some of the other books I read. In this book David Copperfield is a young boy faced with a lot of problems, from loved ones dying to working in a crude factory. This book is in fact based on the authors’ childhood and some of the troubles he went through.

I really like this book and am enjoying reading it. It is a fairly old book and the language is quite different to some of the modern books around today. I enjoy the narrating of it and the in depth look at each of the moments. This book I find is very emotive and shows just how different the world is from then to now.

By Laura Gillooly 7R
The Maze Runner

‘The Maze Runner’ is a great book by James Dashner, where a boy called Thomas wakes up in an elevator, with no knowledge of how he arrived there, who his parents were, nothing. The only thing he can remember is “My name is Thomas”. He then arrives at a place where there are only boys who are sustaining themselves with different jobs such as builders, farmers and runners. They need runners because they are surrounded by a massive maze that changes every day and houses these horrible monsters called ‘grievers’ which only come out at night.

I chose this book because it was a great read for me and I could hardly wait to read it again. It is great because there is always something exciting going on and it keeps you on your toes through the whole book. And if that’s not enough, it is one of three books, two of which I have yet to read. I can’t wait for them. I would rate it a 9 ½ out of 10 because it would have been nice if it was a bit longer with more problems.

By Chris Powell 7R

Book Review-The Other Side of Dawn

The name of the book is ‘The Other Side of Dawn’. This is the last book in the ‘Tomorrow’ series which is written by John Marsden. The main characters in this book are Ellie, Homer, Fiona, Kevin and Lee. I chose this book because I have read the rest of the series. I started reading the series because I enjoyed watching the movie a few years back. The plot of the story is Ellie and her friends are still trying to survive from the invaders from another country in Australia. The New Zealand Army is about to make a massive attack which they call the second D-day. Plus the enemy is preparing for the attack. Who will win? Who will survive?

I think the other books in the series are better but this is a good book to read. If you’re going to read this book you better read the rest of the series first. The problem with that is there are seven books in the series.

By Rory Matthews 7R
Harry Potter and the Goblet of Fire
The book is called ‘Harry Potter and the Goblet of Fire’ and is by J.K. Rowling. The main characters are Harry Potter, Ron Weasley and Hermione Granger. In English, I have been reading this book for silent reading. I chose this book because I heard it was really good from a friend of mine. It is also popular around the world and has been made into a movie. This book is the fourth in the Harry Potter series which has seven books all together. Plot- The summer holidays seem never-ending and Harry Potter can’t wait for the start of the school term. It is his fourth year at Hogwarts School of Witchcraft and Wizardry and there are spells to learn and (unluckily) Potions and Divination lessons to attend. But Harry needs to be on his guard at all times as his worst enemy is preparing a horrifying fate for him...

I really like this book because it is interesting and is in the fantasy genre since it has magic and mythical creatures. I also like the books before this one because they follow a really good storyline. It also has great descriptions and great names for people and things I like such as potions and spells. I would recommend this series of books to anyone that likes the fantasy genre and likes a brilliant storyline from a book.

By Angelina Haramis 7I

Mrs Coffey
Head Teacher English

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DRAMA AT THE FARMS
Senior Drama Company Production of ‘COSI’
Written by Louis Nowra/ Directed by Chris Montgomery

Congratulations to the Senior Drama Company, after all of their hard work the production received a well deserved standing ovation. There were tears, laughter and high energy as Nowra’s characters were brought to life at a sold out night at the Farms.

The cast were blown away by the response of their friends and family. These students started the original Junior Drama Ensemble at Model Farms High School and have now performed for what may be the last time in Senior Drama Company.

Well done to the cast and crew on bringing this ‘mad farce’ of a production to life. The sound and lighting ‘hit the nail on the head’ every time and created a striking atmosphere for the audience. The performance of the actors was enthralling, with finer details developing before our eyes, truly bringing Nowra and my own vision of the roles to life. Thank you seniors, I am in awe of your talent, commitment and support of Drama at the Farms. ‘Chin up and aim for the stars.’

WWW.MODELFARMS-H.SCHOOLS.NSW.EDU.AU
And this term has only just begun... HSC Drama night, West Sydney Festival and Celebrating the Arts Festival still to come!

**HSC Drama SHOWCASE Night will be held Wednesday evening 6th August 2014.** This night is a chance for parents, friends and teachers to witness the hard work of our HSC Drama students. Starting at 6pm in the school’s Drama room students will present their Individual Projects and Group Performances. All are welcome to come along for a tea or coffee and support the students and their tireless efforts to engage with their audience and share their talents and love for performance.
Scholarship Opportunity for School Leavers - Ski or Snowboard Industry

We are pleased to announce the following scholarship opportunity which is open to school leavers with beginner through advanced ski and/or snowboard ability.

EA offer Ski & Snowboard Instructor Internship Programs at top ski resorts around the world. Our programs are popular with school leavers because they provide an opportunity to obtain paid employment at a top resort, whilst completing an internationally recognised ski or snowboard instructing qualification.

This is the third year EA Ski & Snowboard have offered a scholarship place. The winner will receive a free place on an EA program for the coming 2014-15 winter season at one of our partner resorts around the globe... that could mean Canada, USA, Japan, Switzerland or New Zealand!

EA are also offering a number of substantially discounted runner up places.

We would be grateful if you could let students in their final year of school know of this opportunity. We are looking for someone who would be a great ambassador for the snowsports industry, make a good instructor and who is passionate about skiing or snowboarding.

Interested pupils can [click here](#) to visit our website for more information and to apply.

Note: Scholarship applicants should have been skiing or snowboarding before!

Best regards,

Nicky & the EA team

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Sample Program Inclusions:
- A GUARANTEED offer of employment as a Ski or Snowboard Instructor which includes a uniform, a full season pass and discount deals
- Early season orientation, instructor training and an accommodation package - EA get everything sorted so all you have to do is ski or ride!
- International instructor association membership and level one ski or snowboard examination
- Training, support and further qualifications throughout the season
- Assistance and support with obtaining working holiday visas, flights and insurances (in partnership with STA Travel)
- An awesome winter season living and working abroad!

Interested pupils can [click here](#) to visit our website for more information and to apply.

EA Ski & Snowboard Training -
Educating Adventures Limited
E: sstraining@educatingadventures.com
W: www.easkiandsnowboard.com

United Kingdom +44 (0) 20 7193 2647 | United States +1 (530) 554 2192 | New Zealand +64 (0) 3 669 0995 | Australia +61 (0) 28 011 4981

The air holidays and flights advertised on our website are ATOL protected by the CAA. Educating Adventures Limited ATOL number is ATOL 9231.
The Sydney West Dance Festival was a great opportunity for these students performing at The Evan Theatre. You may have seen them perform the item \textit{THE ARENA} (based on Katniss from the Hunger Games) at Fame. The students will also perform again later this term in The Hills Festival.

Congratulations on a job well done girls.

Year 11 Dance will also be performing at The Hills Festival where they will perform their item \textit{Teardrops}. “Break a leg”.

\textbf{Some reminders:}
\textbf{Year 9 Dance} - Term 3: DYNAMICS Assessment & Safe Dance Booklets
\textbf{Year 11 Dance} - Term 3: APPRECIATION Assessment & Yearly Exam Preparation
\begin{itemize}
  \item (Composition criteria 1a & 1b, Performance Skills phrases)
\end{itemize}

In week 2, a few students with Mrs Middleton took the first steps towards building the Model Farms High School Dance Ensemble. Since interest has continued in the Junior Dance Group, which was first established in 2009, we thought it was time that
students who are more technically skilled performers across several dance styles, had a chance to further develop these skills. We aim to gradually build this up to a Dance Company within the school. Exciting days!

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**bodywise: importance of hydration for dancers**

by Tina Sparks

**Diet . Exercise . Sleep . Hydration**

Not enough hydration can lead to visible results such as dull dry tired looking skin and muscle cramps. The signs we may not see are the internal ones of dehydration sometimes causing more serious concerns like Kidney stones that can be quite painful and sometimes ending in surgery. We all hear it, are you drinking enough? Well are you? We know we should have 8-10 glasses per day & as an athlete, dancers should increase that quantity as well as frequency. Make sure your drinking in between rehearsals and performances. When you’re given a drink break try and take a few sips of water even if you’re not thirsty. If you need to ask you teacher for a drink it’s too late, your body has already started to dehydrate.

Because we sweat when we dance we loose vital nutrients. Sports drinks are a good alternative to water that help replace these nutrients you have lost. Be careful your drinks don’t contain a lot of colour and sugars. Ones from the chemist like Hydrolite come in handy ice blocks which is a great snack after class. So follow these little steps and stay healthy by eating vitamin enriched fruits and vegetables.

Getting at least 8 hours of sleep, drinking plenty of fluids especially while teaching, rehearsing and performing and you’ll be on your way to having a long and healthy dance career.
From Year 10 Japanese
きのう、たのしかったですよ！
(Kinou, tanoshikatta desu yo!) Yesterday was fun!

Yesterday (17th July) we went to a Japanese Cultural Day at Sydney University. It was an eventful day. We completed several different activities including a quiz, Haiku poetry writing on fans, Manga comic strip writing and watching Soran dancers and Taiko drummers. I learnt so many new things about Japanese Culture, their music and dancing. **Vivienne Wang**

The Soran dancing was so much fun to do. The Taiko drums were good to listen to and it was a great way to end the day. **Emma McAlonan**

The Japanese Cultural Day was a good experience. Being surrounded by other Year 10 students from different schools across Sydney studying Japanese was fun as we were able to compare our skills. I found the morning activities challenging. The afternoon activities provided a great insight into the Japanese Culture, the Taiko drumming and Soran dancing particularly. Overall it was a great day and I really enjoyed it! **Sophie Richardson**
Write a ‘Golden Story’ in exactly 50 words and you could win!

To celebrate AATE’s 50th Anniversary in 2014, we are running a 50 Word Fiction competition.

Open to all Australian students enrolled in years 7-12 at government, Catholic and independent schools as well as students receiving home schooling.

Also open to members of English Teaching Associations affiliated with AATE as well as ETA and AATE Life Members.

Categories:
- JUNIOR (years 7/8/9)
- SENIOR (years 10/11/12)
- MASTERS (ETU/AATE members)

Prizes will be awarded to the top 3 stories in each category, with a total prize pool of $1,500.

Winning entries, along with other notable stories selected by the judges, will be published in AATE’s ‘Golden Stories’ anthology.

Entries close end of Term 3, 2014.
Download all the details on how to enter at www.aate.org.au
Enquiries to telephone 1800 248 379.
On Friday the 18th of July the support students attended a school matinee performance of *Beauty and the Beast* at the Parramatta Riverside Theatre.

While most of the students were excited to see the performance, one student (pictured) was a little anxious, as loud noises can be a source of stress for someone on the autism spectrum. That said, once the show began he thoroughly enjoyed every minute!

The thrill of having the students see their drama teacher perform was perhaps the most rewarding aspect of all, for this particular drama teacher 😊

Mr B. Maksimovic  
Head Teacher Special Education
Espoir Events Family Disco Night

William Blue College of Hospitality Management has been creating the next generation of Hospitality Managers for over 20 years. Espoir Events is a student formed group of young women studying and Advanced Diploma in Event Management.

Espoir Events will be hosting a family disco night in proud support of beyondblue on Friday August 15th 2014 at Model Farms High Baulkham Hills. We have some amazing prizes to be won, live bands and performers, DJ and a special guest speaker from beyondblue.

Most Australians have some experience with anxiety and depression, whether it is personal or via family, friends or work colleagues. beyondblue’s work is aimed at achieving and Australian community that understands depression and anxiety, empowering all Australians, at any life-stage, to seek help. beyondblue raises awareness, reduces stigma and ensures people have access to the information they need to support recovery, management and resilience.

What we are asking is for you to be a part of our community event. So dust off those dancing shoes and come join us in busting a move and making a difference, we hope to see you there. If we can sell 100 tickets from the school our Event Manager Jade Bulman will dress up as a minion.

Warm Regards
Jade Bulman

WWW.MODELFARMS-H.SCHOOLS.NSW.EDU.AU
FROM THE CAREERS FACULTY

Free Event

Get THAT Job Information Evening for Families

Tuesday 19 August 2014

Q & A with a panel of experts to talk about Apprenticeships, Traineeships and Alternative Career Paths

Ask the questions; get the answers...

✓ Pay rates and Conditions
✓ Employer Expectations
✓ Application Process and tips
✓ Driver’s Licence and transport
✓ Importance of school grades
✓ Alternative pathways

Where: Parramatta Novotel, 350 Church Street, Parramatta (parking on site)

Time: 6.30pm – 8.30pm

To register email kara.oliver@aussip.com.au by 12 August 2014

Proudly brought to you by: In association with:

AussIP

Novotel
Get THAT Job Interview Day for Students

Wednesday 3 September 2014

Are you prepared for your interview...

✓ Have you chosen your three interview areas?
✓ Are you neatly presented (preferably wear your school uniform)?
✓ Have you organised how to get to your interview?
✓ Have you spoken with your careers advisor?
✓ Is your resume up to date and have you got numerous copies with you?
✓ Do you know why you are applying for this position?
✓ Have you practiced your introduction and handshake?

Where: Parramatta Novotel, 350 Church Street, Parramatta (parking on site)

Time: Your school will confirm your appointment time

To register email kara.oliver@aussip.com.au by 22 August 2014

Proudly brought to you by: In association with:

AusSIP

Novotel
Apprenticeships

- Apprentice Chef x 1 (2nd Year) - Cert III in Commercial Cookery - St. Leonards
- Apprentice Chef x 1 (1st Year) - Cert III in Commercial Cookery - Philip Street (CBD)
- Apprentice Bricklayer x 1 (1st Year) - Cert III in Bricklaying/Blocklaying - Riverwood
- Apprentice Electrician x 1 (3rd Year) - Cert III in Electrotechnology - Salfina
- Apprentice Signwriter x 1 [1st/2nd/3rd Year] - Cert III in Signage - Artarmon
- Apprentice Landscaper x 1 (1st year) - Cert III Horticulture Landscape Construction - Chatswood
- Apprentice Landscaper x 1 (1st year) - Cert III Horticulture Parks and Gardens - Chatswood
- Apprentice Carpenter x 3 (1st Year) - Cert III in Carpentry - Alexandra
- Apprentice Engineer x 1 (1st Year) - Cert III in Engineering Fabrication - Seven Hills
- Apprentice Metal Polisher x 1 (1st Year) - Cert III in Jewellery Manufacture - Leichhardt

Traineeships

- Retail Traineeship x 1 - Cert III in Retail Operations - Martin Place, Sydney
- Retail Traineeship x 1 - Cert III in Retail Operations - Castlereagh Street, Sydney
- Business Traineeship x 1 - Cert III in Business Administration - Wollongong
- Childcare Traineeship x 1 - Cert III in Children Services - Galston
- SBAT’s x 2 - Cert III Retail - Engadine
- SBAT’s x 2 - Cert III Retail - Hurstville
- SBAT’s x 2 - Cert III Retail - Menai
- SBAT’s x 2 - Cert III Retail - Miranda
- SBAT’s x 2 - Cert III Retail - Miranda F/C
- SBAT’s x 2 - Cert III Retail - Revesby
- SBAT’s x 2 - Cert III Retail - Riverwood
- SBAT’s x 2 - Cert III Retail - Rockdale
- SBAT’s x 2 - Cert III Retail - Sans Souci
- SBAT’s x 2 - Cert III Retail - Pagewood
- SBAT’s x 2 - Cert III Retail - Randwick
- SBAT’s x 2 - Cert III Retail - St Peters
- SBAT’s x 2 - Cert III Retail - Sydney Central
- ATSI SBAT’s x 1 - Cert II Retail - QVB
- ATSI SBAT’s x 1 - Cert II Retail - Macquarie Centre (North Ryde)
- ATSI SBAT’s x 1 - Cert II Retail - Campbelltown
- ATSI SBAT’s x 1 - Cert II Retail - Wollongong
- ATSI SBAT’s x 1 - Cert II Retail - Castle Hill
- ATSI SBAT’s x 2 - Cert II Warehousing - Artarmon

Email your CV to recruitment@extrastaffapprenticeships.com.au to apply for one of these great opportunities!

www.extrastaffapprenticeships.com.au

Mob: 0439 754 784
## Apprenticeship

<table>
<thead>
<tr>
<th>Job Title</th>
<th>Qualification</th>
<th>Location</th>
<th>Apply</th>
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</thead>
<tbody>
<tr>
<td>2 x 2nd Year Chef</td>
<td>Certificate III Commercial Cookery</td>
<td>CBD/ Cockle Bay Wharf</td>
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<tr>
<td>1st Year Formwork Carpenter</td>
<td>Certificate III Formwork/ Falsework</td>
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<td>1st or 2nd Year Roof Plumber</td>
<td>Certificate III Roof Plumbing</td>
<td>Sydney</td>
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<td>1st, 2nd &amp; 3rd Year Chef</td>
<td>Certificate III Commercial Cookery</td>
<td>Hornsby</td>
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<tr>
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<td>Terrigal</td>
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<td>Certificate III Landscaping</td>
<td>Hornsby &amp; All Sydney</td>
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<tr>
<td>1st Year Roof Plumber or Roof Tiler</td>
<td>Certificate III Roof Plumbing/ Roof Tiling</td>
<td>Belmore</td>
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</tbody>
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sydney.recruit@atel.com.au  
(02) 8877 6150  
www.atel.com.au

Follow us  

Life is like riding a bicycle. To keep your balance, you must keep moving.  
Albert Einstein
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<tr>
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### Traineeship

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<td>Childcare</td>
<td>Certificate III Childcare</td>
<td>Burwood</td>
</tr>
<tr>
<td>Warehousing</td>
<td>Certificate III Transport &amp; Logistics</td>
<td>Rydalmere</td>
</tr>
<tr>
<td>Custom Signage Operator</td>
<td>Printing and Graphic Arts (Graphic Design Production) Certificate III</td>
<td>Arndell Park</td>
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<tr>
<td>Screen Printing</td>
<td>Printing and Graphic Arts (Digital Printing) Certificate III</td>
<td>Arndell Park</td>
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Life is like riding a bicycle. To keep your balance, you must keep moving.  
Albert Einstein
FREE EVENT!

RYDE APPRENTICESHIP + TRAINEESHIP EXPO

Ryde Civic Hall, 1 Devlin Street, Ryde

Training Options. Employment Opportunities

The Ryde Apprenticeship and Traineeship Expo will provide its local young people with interactive experiences into various pathways and employment opportunities.

FEATURES:
- Interactive exhibitors to demonstrate their skills
- Local Jobs Board to display local employment opportunities
  eg. Macquarie Shopping Centre reopening
- Local employers present to take your resumes and give advice
- Careers Counselling, Interview tips, employment advice

For more information go to www.facebook.com/RATE2014 or email dennis.se@2realise.org.au
Dental Assistant Traineehip

Information Day

We are holding an information session for people who are interested in applying for the Dental Assistant Traineeship to commence in 2015.

The session is designed to give you all of the information you will need to know about a traineeship in Dental Assisting in the Western Sydney Local Health District.

You will hear about what being a Dental Assisting Trainee involves, what a traineeship is and what you can expect during training. You will have the opportunity to speak to current and past Dental Assistant Trainees and to ask questions.

Monday 1st September 2014
Registration at 12.30pm to commence at 1pm sharp

Lecture Theatre 1
Westmead Hospital Education Block
(street parking is limited, paid parking on hospital campus, gold coins needed)

Please register your interest by Friday 22nd August
Email: Alison.Webb@health.nsw.gov.au
Or phone: 9845 7335
Parenting Strategies Preventing Depression and Anxiety

Strategies for parents of high-school aged children

The University of Melbourne, with funding from beyondblue, has developed new guidelines for parents to reduce the risk of their children developing depression or anxiety.

*How to reduce your child’s risk of depression and clinical anxiety: Strategies for parents of school aged children* is a general set of recommendations that may also be useful for parents whose child is already experiencing some symptoms of depression or anxiety. The University of Melbourne and beyondblue recognise that each family is unique, and so parents may need to adapt these strategies to their specific situation.

To view the guidelines, please visit [www.parentingstrategies.net/depression](http://www.parentingstrategies.net/depression)
APPRENTICE GREENKEEPER

A Great opportunity exists for an Apprentice Greenkeeper at one of Sydney's Premier Bowling Club’s.
Northmead Bowling Club is looking for a motivated and enthusiastic person to complete a Green Keeping apprenticeship.

To be considered for this position you must be prepared to undertake formal TAFE training, drivers licence preferred but not essential with own transport and accept that the hours of work includes weekends and public holidays.

The successful applicant must be well presented, have good communication skills and be physically fit.

Please forward your resume including a cover letter to:

**Shannon White (Head Greenkeeper)**
Northmead Bowling Club
166 Windsor Rd, Northmead.
NSW. 2152
or email: shan19801@yahoo.com.au

Applications Close Friday 29th August
Castle Hill Softball Club

play SOFTBALL, Blastball or Teeball with Castle Hill Softball Club

- For adults, boys and girls aged 4 and up

We train at Crestwood. All games are played at Seven Hills or Stanhope Gardens starting October 2014. Registration Day on Sunday 27 July 2014 at Stanhope Gardens Softball Centre, Stanhope Parkway, from 10am -2pm.

Enquiries: Andrew Eves
Telephone: 0422 102 087
Email: castlehillsoftball@yahoo.com.au
CHANGE OF CONTACT INFORMATION
MODEL FARMS HIGH SCHOOL

Name of Student: __________________________________ Year __________

New Address: __________________________________________

____________________________________________________ Postcode: ______

Correspondence: ______________________________________

____________________________________________________ Postcode: ______

Email Address: _______________________________________

New Home Phone No. ____________________________________

Mother Mobile: __________________________

Mother Work: ____________________________

Father Mobile: ____________________________

Father Work ____________________________

Emergency Contact if changed: _________________________

Phone No. ____________________________________________

Any change in Medical Condition e.g. Allergy, Asthma etc.

Details ______________________________________________

Bus Pass:    YES / NO
SPORT BUS PASSES CAN NOT BE PURCHASED ON WEDNESDAYS

Sports Bus
052-001

Please indicate preferred pass:

- A 5 trip pass for $37.50  No. of passes  _____  Total  $_______
- A 10 trip pass for $75.00  No. of passes  _____  Total  $_______

Name of Student/s ____________________________________ Year/s___________

Payment by:  CASH  [ ]  CHEQUE  [ ]

PAYMENT BY MASTERCARD OR VISA SLIP

Please circle the appropriate card

Please debit my Mastercard / Visa Account No:

[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

Amount in figures _____________________________

Expiry Date: _______________ CCV: ___________

Name of Credit Card Holder (as shown on card) ______________________________
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<th>TIME</th>
<th>STAFF</th>
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<tr>
<td>BOYS</td>
<td>Open Soccer A/B</td>
<td>Max Ruddock</td>
<td>1W1</td>
<td>12:15 - 2:40</td>
<td>Stevenson</td>
<td>MC</td>
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<td>15’s Soccer A/B</td>
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<td>Open V’ball A/B</td>
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<td>12:15 - 2:40</td>
<td>Puleo</td>
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<td>15’s Rugby League</td>
<td>Torry Burns (vs NM1)</td>
<td>506</td>
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<td>Luttringer</td>
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<td>GIRLS</td>
<td>Open Soccer</td>
<td>Max Ruddock</td>
<td>1W2</td>
<td>12:15 - 2:40</td>
<td>Vince</td>
<td>MC</td>
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<td></td>
<td>15’s Soccer</td>
<td>Max Ruddock</td>
<td>7.12</td>
<td>12:15 - 2:40</td>
<td>Keen</td>
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<td>Open B’ball A/B</td>
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<td>12:15 - 2:40</td>
<td>Chand</td>
<td>FH</td>
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<td>15’s Basketball A/B</td>
<td>MFHS</td>
<td>8.12</td>
<td>12:15 - 2:40</td>
<td>McKenna</td>
<td>JB2</td>
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<td>Open Touch A/B</td>
<td>Col Sutton</td>
<td>5.4</td>
<td>12:15 - 2:40</td>
<td>Jones</td>
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<td>15’s Touch A/B</td>
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<td>5.9</td>
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<td>MIXED</td>
<td>Hockey</td>
<td>Old Saleyards Res</td>
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<td>Parker</td>
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<td>Frisbee (Op &amp; 15’s)</td>
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<td>3K2</td>
<td>12:15 - 2:40</td>
<td>Rappolt</td>
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<td>Rec Sport</td>
<td>The Edge Castle Hill</td>
<td>809</td>
<td>12:15 - 2:40</td>
<td>Munroe, Bowen</td>
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<td>Rock Climbing $7.50 + bus</td>
<td>Castle Hill</td>
<td>804</td>
<td>12:15 - 2:40</td>
<td>Ljubicic, J.Singh</td>
<td>BM</td>
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<td>Ten Pin Wondawbowl $6.50 + bus</td>
<td>Wondabowl</td>
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<td>12:15 - 2:40</td>
<td>Villigran, Robertson</td>
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<td>Sydney Ice Arena</td>
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<td>Wawrzyniak, Medina</td>
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<td>Winston Hills</td>
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<td>12:40-2:40</td>
<td>Georgopoulos, Weingarth</td>
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<td>Winston Hills</td>
<td>706</td>
<td>12:40-2:40</td>
<td>Manson, Varghese, P.Singh, Rawat, Gardner, Relf</td>
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<td></td>
<td>Rec Walking</td>
<td>Around</td>
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<td>12:40-2:40</td>
<td>Sanders</td>
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<td>House Sport</td>
<td>School</td>
<td>TLC</td>
<td>12:40-2:40</td>
<td>Estacio, D’Souza, Kyrios, Archer, Vella, Owen, Kumar</td>
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<td>12:40-2:40</td>
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<td>D-Studio</td>
<td>12:40-2:40</td>
<td>Gregory</td>
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<td>YEAR 7</td>
<td>Netball</td>
<td>School</td>
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WWW.MODELFARMS-H.SCHOOLS.NSW.EDU.AU