FROM THE PRINCIPAL

Term 3
Welcome back to Term 3. We have a busy term ahead with a fairly packed calendar. We have Parent Teacher nights, the Senior Drama class performance of Cosi, HSC Dance and Music performance evenings, Practical HSC Itinerant marking of the Year 12 Major Works, Year 12 Trial Exams, marking and reports, English and Maths Competitions, Year 11 Crossroads Camp and many other activities. Term 3 is usually recognised as the busiest term in the year and it looks like 2014 will be no different.

Trial Exams
Year 12 have started their Trial Exams and have settled well into the top of B Block where they will do their actual HSC Exams. In order to make them feel more comfortable with the whole process we have employed the HSC Presiding Officer and a team of supervisors who will oversee the actual HSC exams in October. By doing this the students will already know some familiar faces in the room come October and will be well versed in the routines expected of them by the Board of Studies. The Presiding Officer is highly experienced in this job and he has already commented on how easy our group of students are to get on with.

Our Front Entrance
Unfortunately our front entrance remains blocked by the large tree that is due to be removed by the Public Works Department of the DEC. We thought this would be a fairly urgent matter that would receive urgent attention but not so. I have been told that it can take several weeks more before it can be removed. I apologise for the inconvenience and must ask the community to bare with us a little longer. Access can be made via the side carpark and the path along the outside of the buildings.

Agriculture at the Farms
At the end of last term we farewelled Mr Newton who retired after 38 years of teaching, over half of those years here at the Farms. In that time he dedicated many personal hours to ensuring that the animals and the farm would always be well maintained and looked after. He attended the plot during weekends, holidays and in the evenings when
the rest of us were at home with our families. This dedication will be sadly missed with his departure.

The advert to employ a new Ag Teacher has been published this week and after a two week posting, a panel will select a new teacher to permanently fill the position. This person may or may not start at the beginning of Term 4 but will definitely be on board for 2015. In the meantime we have a very capable temporary teacher filling the vacancy and the community can be assured we are doing all that we can to continue the tradition of this subject well into the future.

Christina Bennet
Principal
Welcome back everyone, to what is shaping to be a very productive and rewarding term at Model Farms.

**Year 8 and 10 Course Selections**
A reminder message from the end of last term.

At the end of last term, information booklets and forms have been given to Years 8 and 10 students regarding course selections for 2015.

Hand written and online selection forms are due by the following dates:
- **Year 10** Monday 21 July (Week 2)*
- **Year 8** Friday 25 July (Week 2)

*Year 10 students were interviewed by panel members on Friday 18 July.

Since the booklet for Year 10 students was produced, the school has been informed of a staffing appointment, that will now allow us to offer another Year 10 Course called VET Business Services. This is a Board Developed course that can count towards an ATAR.

All Year 10 students were informed of this at the interview meeting on Friday 18 July and an information sheet distributed to those interested. If your child would like to pursue this course, they can either redo the online selections and change the yellow form and submit on Monday, or see Mr Grady on Monday. Course information is provided in this newsletter.

**School Program Evaluations**
Please note: You do not need to know anything about the programs to complete the very short survey.

Each year, Model Farms High School undertakes evaluations of various whole school programs. In 2014, we will be evaluating the Year 7 SensAbility program and Year 8 Rock and Water program. These programs were implemented following the Scripture Review in 2013.

The purpose of the evaluations is to ensure the best possible outcomes for your child. As part of the evaluation, we would like to know the opinion of parents with children in Years 7 and 8. All responses are completely confidential. These surveys will be combined with other data tools to determine areas of strength and to identify ways that improvements can be made. Your completion of this survey is voluntary, though your opinion is always highly valued. We ask that you complete the survey by Wednesday 23 July 2014. The survey will take less than 5 minutes to complete.
To complete the survey(s), please click the link below. We would really appreciate you spending a couple of minutes completing this evaluation, so that the feedback we obtain is meaningful and representative of the community.

**Year 7 SensAbility Program survey click here** or alternatively [https://www.surveymonkey.com/s/CZTXY9T](https://www.surveymonkey.com/s/CZTXY9T)

**Year 8 Rock and Water Program survey click here** or alternatively [https://www.surveymonkey.com/s/CZG9B92](https://www.surveymonkey.com/s/CZG9B92)

Have a great week,

Mark Grady  
Deputy Principal
Senior Subject Information Book

VET BUSINESS SERVICES – 240 HOURS
80 HSIE FACULTY CG

A Board Developed Course, which contributes towards the Australian Tertiary Admissions Rank when you sit the external examination in the Year 12 Final Examinations.

Course Description
This course is for students who wish to work in clerical and administrative occupations.
This curriculum framework includes courses which are accredited for the HSC and provides students with the opportunity to obtain nationally recognized vocational qualifications. This is known as dual accreditation.

It incorporates all Units of Competency in the AQF Certificate II in Business Office.

Exclusions: Similar Units from the Information Technology Curriculum Framework
Similar Units from the Retail Curriculum Framework

<table>
<thead>
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<th>Units of Competencies</th>
<th>Compulsory</th>
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<tr>
<td>BSBCOMM201A</td>
<td>Communicate in the workplace</td>
<td>BSBWOR203B</td>
</tr>
<tr>
<td>BSBCUS201B</td>
<td>Deliver a service to customers</td>
<td>BSBWOR204A</td>
</tr>
<tr>
<td>BSBIND201A</td>
<td>Work effectively in a business environment</td>
<td>Electives</td>
</tr>
<tr>
<td>BSBINM201A</td>
<td>Process and maintain workplace information</td>
<td>BSBINM202A</td>
</tr>
<tr>
<td>BSBWHS201A</td>
<td>Contribute to health and safety of self and others</td>
<td>BSBITU102A</td>
</tr>
<tr>
<td>BSBUS201A</td>
<td>Participate in environmentally sustainable work practices</td>
<td>BSBITU201A</td>
</tr>
<tr>
<td>BSBWOR202A</td>
<td>Organise and complete daily work activities</td>
<td>BSBCMN214A</td>
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<td>BSBITU203A</td>
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<td>BSBADM311A</td>
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</tbody>
</table>

Students may apply for Recognition of Prior Learning provided suitable evidence is submitted.

Mandatory Course Requirements
Work Placement. Students must complete a minimum of 70 hours work placement OVER Years 11 and 12.

Personal Qualities
- Basic computing and keyboarding knowledge
- An interest in office work including
- Reception Skills
- Data Entry
- Organising and coordinating workplace activities
- Enjoy working in an office environment

Desirable Knowledge (this can be an advantage to help you achieve your personal best in this subject and could indicate your interest. Prior knowledge, however, is not a requirement.)
NA

Careers Opportunities (A sample of careers linked to this subject. For more information refer to www.jobguide.desew.gov.au)
Business Manager, Marketing Analyst, Accounting, Employment Relations Officer/Manager, Financial Officer/Analyst, Sales Assistant/Manager/Buyer, Advertising Assistant/Manager, Human Resources Manager/Officer, Industrial Relations Officer, Manager, Banking Officer, Insurance Clerk, Business Owner/Operator.

WWW.MODELFARMS-H.SCHOOLS.NSW.EDU.AU
FROM THE DEPUTY MS PLEDGER

Too Sick for School????
Sometimes it's hard to know if your child is really coming down with something or just suffering a bout of Mondayitis. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice. At the same time studies have shown that each day a student is absent from school, it takes 3 days to catch up on the missed learning.

The School A to Z website's Too Sick For School? chart will help answer your questions about common childhood illness and how long sick kids need to miss school.

PLEASE NOTE: This information has been supplied by NSW Health and is not intended to replace a visit to your doctor if anyone in your family is unwell.

Late To School
At present there seems to be a number of students regularly arriving late to school. When a student is late to class/school it doesn't only impact on that individual, as each time a class is disturbed with a late student valuable learning time is lost by all. Please talk to your child about the importance of arriving on time. It is important for them to establish good habits now before they enter the workforce.

School Uniform
Please note that students are required to wear one of the school jumpers as their top layer of uniform. Hoodies are not to be worn under their jumper as, frankly, they look terrible. Students also need to wear socks (or tights for our girls). Socks need to be plain white and higher than the ankle. If your student comes home sporting a new pair of socks it is because the ones they attended school in where inappropriate. Socks are available in packs of 4 for about $6 from Big W.

Recognition Assemblies
Some advance notice regarding dates for our junior recognition assemblies

   Years 8 and 10 on 1st August
   Years 7 and 9 on 8th August

Invitations for these events will be issued early next week.

Have a good week,
Jennifer Pledger
Deputy Principal
2014
TERM 3

WEEK 2
Mon 21/07  Yr 12 Trial HSC
            Sydney West Netball Carnival
            Maths Yr 10 students
Tues 22/07  Yr 12 Trial HSC
            Yrs 7 & 8 Parent Teacher Night
Wed 23/07  Yr 12 Trial HSC
            Snr Drama Co. Production
            Snr Drama Company Dress Rehearsal in TLC
Thur 24/07 Yr 12 Trial HSC
            Yr 10 Food Product Development Assignment due
            Yr 8 Global Citizenship Senior Company Matinee and Evening Performance
            Regional Athletics Carnival, Blacktown
Fri 25/07  Yr 12 Trial HSC
            Yr 8 Global Citizenship Regional Athletics Day 1, Blacktown

WEEK 3
Mon 28/07  Yr 11 Ancient History Historical Investigation due
            HSC Drama Trial Stage 2
            IP and GP Exam in 3DR
            12SAC PIPs due
Tues 29/07 Yr 8 Chemical Reactions Test
            Yr 11 Standard English Listening Task p3
            Yr 11 Chemistry Assessment Task 4 – Moles and Water
            HSC Stage 2 Trial English Competition
Wed 30/07  Yr 11 Crossroads Camp Morisset
Thur 31/07 Yr 11 Crossroads Camp Morisset
Fri 01/08  Yr 11 Crossroads Camp Morisset
            Yrs 8 & 10 Recognition Assembly
**FROM THE FACULTY THAT COUNTS**

**Year 7**  
Sonaali Sivakumar

**Year 8**  
Anthea Wilson

**Year 11**  
Emma Cuelho, Siobhan Dobie, Nicola Schuster

**Year 12**  
Thomas Diefenbach x 2, Adam Evan, Yvette Flory, Danielle George, Allen Huang, Anthony Karatzionis, Prabhjot Kaur, Simon Li, Vi Ngo, Lisa Tse.

**Year 12 Students** avoid the end of term rush and hand in your Maths merits as soon as possible so that we can issue faculty merits for you in time to have them count towards your bronze, silver and gold awards. Check all of the places at home that you could have left Maths merits over the last 6 years; desks, cupboards, wardrobes etc. After this week you only have 9 weeks to go!!

**This Week’s News**  
Welcome back to another busy term. We hope that everyone is coming back refreshed.

**Thank You!**  
We would like to thank the Mathematics teachers who gave up their time during their holidays to work with our Year 12 students to prepare them for the Trial HSC that they are now undertaking.

**Model Mathematician 2014**  
We congratulate Winston Heights Public School for winning the 2014 Model Mathematician Competition. We also thank the students, teachers and parents of the teams from Winston Hills Public School, Jasper Road Public School and Matthew Pearce Public School for their participation and for making this competition possible. It is always a close contest and this year was no exception. We would also like to thank our wonderful Year 9 helpers who were great role models to the primary school students.

**Calculators:**  
Please make sure that all students have their own calculator. The Casio fx-82AU is sold at the uniform shop for $35. Different brands of scientific calculators work differently and it is important that everyone in a class has the same calculator. Students need this calculator from Year 7. It is vital for their progress that students are familiar with their calculator and know how to use the different functions.
Fun with Maths
Problem solving: each letter stands for a different digit. If GOAL = 6973 what number does GAME represent?

FOOT +
BALL
GAME

Have a Mathematical week,
From Jackie Dalton and the
Maths Faculty Staff

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VACCINATIONS

On Friday Year 7 students and the Year 9 Boys had their second dose of the HPV Vaccine. However, due to a global shortage of the varicella (chicken pox) vaccine this was not administered. This instead will take place on the third vaccination date.

**Term 4: Friday 14th November**

If your child missed out of any of the vaccinations they will be notified of a “catch up” day!
If you have any questions regarding vaccinations please contact the school on 9624 3133.

Mrs K. Lumley
HT Welfare
FROM THE HSIE FACULTY

Year 7
Last semester we ran a photography competition with Year 7 based on photographs they had taken from the excursion to Sydney Aquarium / Wildlife World. After votes from peers the winner was Nathan Mileto.

Year 9 & 10
This semester saw the changeover of subjects from Geography to History and vice versa for Years 9 and 10. It was great to see students prepared with new notebooks for their new subjects and remembering to go to the right rooms.
The following are the changes for this semester. Any queries, please don’t hesitate to contact your child’s teacher.

Year 9
- 9G1 changed to 9H1 (History with Mr Jimenez)
- 9G2 changed to 9H2 (History with Mr McKenna)
- 9G3 changed to 9H3 (History with Mr Puleo)
- 9H4 changed to 9G4 (Geography with Mr Luttringer/Ms Parker)
- 9H5 changed to 9G5 (Geography with Mr Barons)
- 9H4 changed to 9G4 (Geography with Mr Weingarth)

Year 10
- 10G1 changed to 10H1 (History with Mr Bowen)
- 10G4 changed to 10H4 (History with Ms Medina)
- 10G5 changed to 10H5 (History with Mr Jimenez)
- 10H2 changed to 10G2 (Geography with Mrs Middleton/Mr McKenna)
- 10H3 changed to 10G3 (Geography with Mr Weingarth)
- 10H6 changed to 10G6 (Geography with Ms Parker/Mr Luttringer)
STUDENTS AT THE WILDLIFE EXCURSION 
WITH A CASSOWARY
FROM THE ENGLISH AND DRAMA

Congratulations to the following Faculty Merit Award recipients:

Year 7: Clare Hopkins and Lexie Jurd
Year 11: Monica Patch
Year 12: Mason Kidd and Bonnie Wong

International English Competition

Notes have been issued to the Gifted and Talented classes and it is pleasing to see so many students in other classes willing to take up the challenge. The English Test is an opportunity for students and parents to gain a measure of achievement in an external situation and provides comprehensive reporting. The documents and certificates are also suitable for inclusion in a portfolio.

So, think about this worthwhile opportunity and pick up a letter from your English teacher and enter the competition.

Final date for payment ($8.00) is 22 July 2014.

Mrs Coffey
Head Teacher English
MFHS Senior Drama Company
Presents

COSI

Written by Louis Nowra
Directed by Mr Montgomery

“YOU NEED SOME FATTENING UP!”

Thursday 24th July 2014
6:30pm Model Farms TLC $5 Entry
Tickets purchased at the door
Write a ‘Golden Story’ in exactly 50 words and you could win!

To celebrate AATE’s 50th Anniversary in 2014, we are running a 50 Word Fiction competition.

Open to all Australian students enrolled in years 7-12 at government, Catholic and independent schools as well as students receiving home schooling.

Also open to members of English Teaching Associations affiliated with AATE as well as ETA and AATE Life Members.

Categories:
JUNIOR (years 7/8/9)
SENIOR (years 10/11/12)
MASTERS (ETA/AATE members)

Prizes will be awarded to the top 3 stories in each category, with a total prize pool of $1,500.

Winning entries, along with other notable stories selected by the judges, will be published in AATE’s ‘Golden Stories’ anthology.

Entries close end of Term 3, 2014.
Download all the details on how to enter at www.aate.org.au
Enquiries to freephone 1800 248 379.
FAMILY DISCO NIGHT

FRIDAY AUGUST 15TH 2014 | 6PM-9PM
MODEL FARMS HIGH SCHOOL
GOODEN DRIVE, BAULKHAM HILLS

TIX $10 PP | TO PURCHASE TIX VISIT
KIDS UNDER 5 FREE | FACEBOOK.COM/ESPOIREVENTS

INCL SAUSAGE SIZZLE + SOFT DRINK

RAFFLE ON THE NIGHT
LIVE ENTERTAINMENT, BANDS & DJ

Featuring a guest speaker from beyondblue

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FROM THE CAREERS FACULTY

Apprenticeships

- Apprentice Chef x1 (2nd Year) - Cert III in Commercial Cookery - St. Leonards
- Apprentice Chef x1 (1st Year) - Cert III in Commercial Cookery - Phillip Street (CBD)
- Apprentice Bricklayer x1 (1st Year) - Cert III in Bricklaying/Blocklaying - Riverwood
- Apprentice Electrician x1 (2nd/3rd) - Cert III in Electrotechnology - Oran Park
- Apprentice Electrician x1 (2nd/3rd Year) - Cert III in Electrotechnology - Penrith
- Apprentice Electrician x1 (1st/2nd/3rd/4th Year) - Cert III in Electrotechnology - Balmain
- Apprentice Engineering x1 (2nd/3rd/4th Year) - Cert III in Engineering (Light Fabrication) - Padstow
- Apprentice Engineer x1 (1st Year) - Cert III in Engineering Fabrication - Seven Hills
- Apprentice Signwriter x1 (1st/2nd/3rd Year) - Cert III in Signage - Artarmon
- Apprentice Carpenter x1 (3rd Year) Cert III in Carpentry - Alexandria
- Apprentice Metal Polisher x1 (3rd Year) - Cert III in Jewellery Manufacture - Leichhardt

Traineeships

- Retail Traineeship x1 - Cert III in Retail Operations - Martin Place, Sydney
- Retail Traineeship x1 - Cert III in Retail Operations - Castlereagh Street, Sydney
- Telecommunications Traineeship x1 - Cert III in Telecommunications Cabling - Lugarno
- Telecommunications Traineeship x1 - Cert III in Telecommunications Cabling - East Hills
- SBAT’s x2 - Cert III Retail - Engadine
- SBAT’s x2 - Cert III Retail - Hurstville
- SBAT’s x2 - Cert III Retail - Menai
- SBAT’s x2 - Cert III Retail - Miranda
- SBAT’s x2 - Cert III Retail - Miranda S/C
- SBAT’s x2 - Cert III Retail - Revesby
- SBAT’s x2 - Cert III Retail - Riverwood
- SBAT’s x2 - Cert III Retail - Rockdale
- SBAT’s x2 - Cert III Retail - Sans Souci
- SBAT’s x2 - Cert III Retail - Pagewood
- SBAT’s x2 - Cert III Retail - Randwick
- SBAT’s x2 - Cert III Retail - St Peters
- SBAT’s x2 - Cert III Retail - Sydney Central
- ATSI SBAT’S x1 - Cert III Retail - QVB
- ATSI SBAT’S x1 - Cert III Retail - Macquarie Centre (North Ryde)
- ATSI SBAT’S x1 - Cert III Retail - Campbelltown
- ATSI SBAT’S x1 - Cert III Retail - Wollongong
- ATSI SBAT’S x1 - Cert III Retail - Castle Hill
- ATSI SBAT’S x2 - Cert III Warehousing - Artarmon

Email your CV to recruitment@extrastaffapprenticeships.com.au to apply for one of these great opportunities!

www.extrastaffapprenticeships.com.au
Mob: 0439 754 784
### Apprenticeship

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<th>QUALIFICATION</th>
<th>LOCATION</th>
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<td>Certificate III Commercial Cookery</td>
<td>CBD/ Cockle Bay Wharf</td>
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<tr>
<td>1st Year Carpenter</td>
<td>Certificate III Carpentry</td>
<td>North Shore/North West</td>
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<td>1st Year Formwork Carpenter</td>
<td>Certificate III Formwork/Falsework</td>
<td>Sydney</td>
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<td>3rd Year Chef</td>
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<td>1st Year Carpenter</td>
<td>Certificate III Carpentry</td>
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<tr>
<td>3rd Year Carpenter</td>
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<tr>
<td>1st or 2nd Year Roof Plumber</td>
<td>Certificate III Roof Plumbing</td>
<td>Sydney</td>
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**STAY IN TOUCH**

sydney.recruit@atel.com.au  
(02) 8875 6150  
www.atel.com.au

FOLLOW US  
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**Be yourself: everyone else is already taken**  
Oscar Wilde
<table>
<thead>
<tr>
<th>JOB TITLE</th>
<th>QUALIFICATION</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Year Landscaper (Aboriginal)</td>
<td>Certificate III Landscaping</td>
<td>Hornsby &amp; All Sydney</td>
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<tr>
<td>1st Year Roof Plumber or Roof Tiler</td>
<td>Certificate III Roof Plumbing/ Roof Tiling</td>
<td>Belmore</td>
</tr>
<tr>
<td>Childcare</td>
<td>Certificate III Childcare</td>
<td>Burwood</td>
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Free Event

Get THAT Job Information Evening for Families

Tuesday 19 August 2014

Q & A with a panel of experts to talk about Apprenticeships, Traineeships and Alternative Career Paths

Ask the questions; get the answers...

- Pay Rates and Conditions
- Employer Expectations
- Application Process and tips
- Driver’s Licence and transport
- Importance of school grades
- Alternative pathways

Where: Parramatta Novotel, 350 Church Street, Parramatta (parking on site)

Time: 6.30pm – 8.30pm

To register email kara.oliver@aussip.com.au by 12 August 2014

Proudly brought to you by:

In association with:

AussIP

Novotel
Get THAT Job Interview Day for Students

Wednesday 3 September 2014

Are you prepared for your interview...
- Have you chosen your three interview areas?
- Are you neatly presented (preferably wear your school uniform)?
- Have you organised how to get to your interview?
- Have you spoken with your careers advisor?
- Is your resume up to date and have you got numerous copies with you?
- Do you know why you are applying for this position?
- Have you practiced your introduction and handshake?

Where: Parramatta Novotel, 350 Church Street,
Parramatta (parking on site)

Time: Your school will confirm your appointment time

To register email kara.oliver@aussip.com.au by 22 August 2014

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AusSIP

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Get ‘THAT JOB’ Information day For Students

Q&A with experts talking about Apprenticeships, Traineeships and Alternative Career Paths

Ask the questions; get the answers...

- Pay rates and Conditions
- Employer expectations
- Application Process and tips
- Driver’s Licence and transport
- Importance of school grades

Free Event!!

Tuesday 22nd July 2014

Time: Your school will be notified upon booking

Novotel Hotel, Parramatta
350 Church Street
Parramatta

Proudly brought to you by:

To register via email kara.oliver@aussip.com.au by 15th July 2014
FREE EVENT!

RYDE APPRENTICESHIP + TRAINEESHIP EXPO

Ryde Civic Hall, 1 Devlin Street, Ryde

Training Options. Employment Opportunities

The Ryde Apprenticeship and Traineeship Expo will provide its local young people with interactive experiences into various pathways and employment opportunities.

FEATURES:
- Interactive exhibitors to demonstrate their skills
- Local Jobs Board to display local employment opportunities e.g. Macquarie Shopping Centre reopening
- Local employers present to take your resumes and give advice
- Careers Counselling, interview tips, employment advice

City of Ryde
Lifestyle and opportunity @ your doorstep

For more information go to www.facebook.com/RATE2014 or email dennis seo@2realise.org.au
Student International Volunteers

Don’t forget to pick up your boxes of chocolates for fundraising. See Mrs Lumley in the Welfare Office ASAP! Please visit the ISV Facebook page for updates on what Model Farms is doing to fundraise. Our fundraising efforts will continue throughout Term 3. Listen to the daily notices for meeting times and jump on board to help out! Some of the fundraising ideas discussed are:

- Guessing competition
- Cake Stall
- Movie night
- BBQ
- Bingo night

If you have any great ideas bring them to the next meeting.

Thanks

Mrs Lumley
Dental Assistant Traineeship

Information Day

We are holding an information session for people who are interested in applying for the Dental Assistant Traineeship to commence in 2015.

The session is designed to give you all of the information you will need to know about a traineeship in Dental Assisting in the Western Sydney Local Health District.

You will hear about what being a Dental Assisting Trainee involves, what a traineeship is and what you can expect during training. You will have the opportunity to speak to current and past Dental Assistant Trainees and to ask questions.

Monday 1st September 2014
Registration at 12.30pm to commence at 1pm sharp

Lecture Theatre 1
Westmead Hospital Education Block
(street parking is limited, paid parking on hospital campus, gold coins needed)

Please register your interest by Friday 22nd August
Email: Alison.Webb@health.nsw.gov.au
Or phone: 9845 7535

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**Parenting Strategies Preventing Depression and Anxiety**

Strategies for parents of high-school aged children

The University of Melbourne, with funding from *beyondblue*, has developed new guidelines for parents to reduce the risk of their children developing depression or anxiety.

*How to reduce your child’s risk of depression and clinical anxiety: Strategies for parents of school aged children* is a general set of recommendations that may also be useful for parents whose child is already experiencing some symptoms of depression or anxiety. The University of Melbourne and *beyondblue* recognise that each family is unique, and so parents may need to adapt these strategies to their specific situation.

To view the guidelines, please visit [www.parentingstrategies.net/depression](http://www.parentingstrategies.net/depression)
7 Geography 2014
Photo Competition

After their visit to Sydney Aquarium and Wildlife World, Year 7 Geography students were encouraged to submit their best photo to be judged by all of Year 7 through a vote. And the winner is . . . .

1st – Nathan Mileto

2nd – Malik Arab

3rd – Jayden Bruce
Play T-Ball or Baseball with the Winston Hills Warriors Summer 2014 and 2015

Winston Hills Junior Baseball Club celebrated 30 years in 2013 and provides players of all ages with the opportunity to play the great game of Tball and Baseball in Western Sydney.


Tball Age Groups – U8s, U9s and U10s
Modball Age group – U10s
Baseball Age Groups – U12s, U14s and U17s
Seniors – 15yrs+

Juniors participate in a Saturday morning competitions (Tball, Modball and Baseball) within the Hills Junior Baseball Association (September 2014 to March 2015)

Senior Teams participate in local competitions on Saturday afternoons

Ten week in-house Tball competition, Friday afternoon/evening from October 2014 to December 2014

Introduction to Tball / Baseball (new players receive baseball glove and other goodies)

Try Tball / Baseball, Grading and Registration Days (see reverse for times)
Sunday 20th July 2013, Sunday 27th July and Sunday 3rd August 2014
Where: Col Sutton Reserve, Baulkham Hills Road, Baulkham Hills

Club Contacts: Glen Fuller (0414 665 941)
Club email: registrar.whjbc@gmail.com
Club website: whjbc.baseball.com.au
Club Phone: 0413 232 566
Winston Hills Warriors

Winston Hills Junior Baseball Club Incorporated
Col Sutton Reserve, Baulkham Hills Road, Baulkham Hills
PO Box 292, Winston Hills, NSW 2153
Website: http://www.whjbc.baseball.com.au
Club Contact: Glen Fuller (0414 665 941)

Registrations Summer 2014/2015 Season

It’s that time of year again with the summer season almost upon us. The club will be holding registrations and trial days at Col Sutton Reserve, Baulkham Hills Road, Baulkham Hills as follows:

- 12th July 2014
  Early Bird Registrations will be accepted between 10am and 2pm. Discounts of $10 per registration for those registrations received and paid for on the day.

- 20th July 2014
  Try Tball / Baseball, Registration and 1st week of grading. Early Bird discount applies for first trial date.

- 27th July 2014
  Try Tball / Baseball, Registration and 2nd week of grading.

- 3rd August 2014
  Try Tball / Baseball, Registration and final week of grading.

Players are required to attend at least one week of grading. If unable to attend players must notify the club as soon as possible to avoid disappointment. Registration Forms (including fee schedule) can be downloaded from the Club Information section of the website.

Trial Schedule

Age Group (year of birth) | Schedule Time
--- | ---
Try Tball/Baseball & U8s (2006, 2007, 2008) | 9:00 to 9:45
U10s (2005 and 2006) | 10:00 to 11:00
U12s ((12 years old up to 30 April 2015), 2003 & 2004) | 11:15 to 12:15
U14s (2001 and 2002 (if 13 before April 30 2015)) | 13:00 to 14:30
U17s (1998 to 2000) | 15:00 to 16:30
To the P&C Association of Model Farms High School,

As the owner of Winston Gardens Chinese Restaurant, it is important to me to support the community in the Winston Hills area, especially Model Farms High School, where many local children are educated.

For this reason, I would like to make a special offer* during the months of June and July, where 10% of the school community’s spending at Winston Gardens will be donated to the P&C Association. Anyone who dines at Winston Gardens merely has to mention the name of Model Farms High School when paying the bill, and we will contribute 10% of it to the P&C Association.

Winston Gardens serves a wide selection of delicious and authentic Chinese cuisine, including Yum Cha and banquet menus, making it the perfect venue for dining or celebrating with family and friends. Our menu can be found on our website:

www.winstongardens.com.au

So come and enjoy our exquisite authentic Chinese cooking, and let our friendly waiters pamper you! Please feel free to pass this invitation on to the wider school community, and remind them to mention Model Farms High School, in order to have 10% of their bill contributed to the P&C Association.

I wish all the parents, teachers and students of Model Farms High School the very best and I look forward to hearing from you.

Yours sincerely,

Thomas Kwan
Owner, Winston Gardens Chinese Restaurant
Phone: 9624 6425 or 9624 5859
Website: www.winstongardens.com.au

*Not valid with any other offer
Castle Hill Softball Club is registering now for the summer season. Play Blast Ball, Teeball or Softball with us this summer. Girls / Boys / Mums and Dad from as young as 3 can play. Come along to our registration day on Sunday 27th July 2014 at Stanhope Gardens Softball Centre 10am – 2pm or contact Andrew Eves on 0422 102 087 or castlehillsoftball@yahoo.com.au.
GUITAR LESSONS

Learn Guitar from an accredited & experienced guitar teacher.

Acoustic or Electric
All styles taught
Beginner to Advanced

Available 7 days

Ph: 9863 2956
CHANGE OF CONTACT INFORMATION
MODEL FARMS HIGH SCHOOL

Name of Student: __________________________________ Year __________

New Address: ______________________________________________________
____________________________________________________________________
Postcode: ______

Correspondence: ____________________________________________________
____________________________________________________________________
Postcode: ______

Email Address: ______________________________________________________

New Home Phone No. ________________________________________________

Mother Mobile: _____________________________________________________

Mother Work: _______________________________________________________

Father Mobile: ______________________________________________________

Father Work ________________________________________________________

Emergency Contact if changed: _______________________________________

Phone No. __________________________________________________________

Any change in Medical Condition e.g. Allergy, Asthma etc.
Details _____________________________________________________________

Bus Pass: YES / NO
SPORT BUS PASSES CAN NOT BE PURCHASED ON WEDNESDAYS

Sports Bus
052-001

Please indicate preferred pass:

- A 5 trip pass for $37.50   No. of passes _____  Total $_______
- A 10 trip pass for $75.00  No. of passes _____  Total $_______

Name of Student/s ____________________________ Year/s __________________

Payment by:  CASH ☐  CHEQUE ☐

PAYMENT BY MASTERCARD OR VISA SLIP

Please circle the appropriate card

☐ Please debit my Mastercard / Visa Account No:

Amount in figures _____________________________

Expiry Date: ____________  CCV: ___________

Name of Credit Card Holder (as shown on card) ____________________________
# Model Farms High School

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<thead>
<tr>
<th>Grade Sport</th>
<th>Venue</th>
<th>Room</th>
<th>Time</th>
<th>Staff</th>
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<tr>
<td>Boys Grade</td>
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<td>Open Soccer A/B</td>
<td>Nth Rocks Pk</td>
<td>1W1</td>
<td>12:15 - 2:40</td>
<td>Stevenson</td>
<td>MC</td>
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<tr>
<td>15's Soccer A/B</td>
<td>Max Ruddock</td>
<td>7.10</td>
<td>12:15 - 2:40</td>
<td>Jiminez</td>
<td>JB2</td>
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<td>Open V’ball A/B</td>
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<td>12:15 - 2:40</td>
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<td>Open’s OzTag</td>
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<td>15’s Rugby League</td>
<td>Torry Burns</td>
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<td>Girls Grade</td>
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<td>15’s Soccer</td>
<td>Max Ruddock</td>
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<td>Open B’ball A/B</td>
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<td>15’s Basketball A/B</td>
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<td>Open Touch A/B</td>
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<td>Frisbee (Op &amp; 15’s)</td>
<td>Doyle Park</td>
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<td>12:15 - 2:40</td>
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<td>Rock Climbing</td>
<td>$7.50 + bus</td>
<td>The Edge Castle Hill</td>
<td>809</td>
<td>12:15 - 2:40</td>
<td>Munroe, Bowen</td>
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<td>Ten Pin Wondabowl</td>
<td>$6.50 + bus</td>
<td>Wondabowl Castle Hill</td>
<td>804</td>
<td>12:15 - 2:40</td>
<td>Ljubicic, Woods</td>
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<tr>
<td>Gym $7 + bus</td>
<td>Waves</td>
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<td>Dawson</td>
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<tr>
<td>Ice Skating</td>
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<td>Sydney Ice Arena</td>
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<td>Villigran, Robertson</td>
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<tr>
<td>Squash $5</td>
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<td>Wawrzyniak, Medina</td>
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<td>Tennis Olympus $5</td>
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<td>TLC</td>
<td>12:40-2:40</td>
<td>Estacio, J.Singh, D'Souza, Kyrios, Archer, Parker, Owen, Kumar</td>
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<td>Boot Camp</td>
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<td>D-Studio</td>
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<td>Sport Detention</td>
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