Student Success
Congratulations to Nathan Tunks who came first in the Sydney West Golf competition at Stonecutters Ridge Golf Course last week. With a handicap of 12 Nathan could more than likely beat a few adults at this very precise sport. He is off now to play in the Jack Newton Shield at Wentworth Falls later in April. Good luck Nathan.

Congratulations to Year 11 student Gianna Edirimanne who bravely participated in the World's greatest shave last week. She shaved her beautiful long locks in the presence of family and supportive friends for a terrific cause and raised valuable funds in the process. This sacrifice is so admirable in this fine young woman who would put vanity aside to show that everyone can do something to help find a cure for leukaemia. Please read her story later in the newsletter to also see the after photo.

National Day of Action Against Bullying.
Last Friday was a powerful day here at the Farms with students participating in a number of activities that showed their support for action against bullying and violence. Students had the opportunity to write messages of support, slogans or affirmations on cutout hands and place them around our No Bully Area signs. Reading them certainly gives you the impression that none of our students like bullying and they all have an appreciation of the impact on victims and the need to not let anything go unnoticed or challenged. The signs will remain as long as the elements allow them to as a reminder of our whole school support. Please read the article further in the newsletter that appeared in the Hills Newspaper.
Year 7 Camp
It was a delight to join the parents of Year 7 students last week as they waited for the buses to return after the camp. Everyone was a bit anxious about how either tired their child would be or how much sugar they had eaten and what their energy levels would be like. As the students got off the bus there were smiles all round. I hope parents had an enjoyable weekend with their tired but not too tired children.

Student Leaders
I have been extremely impressed with our Student Leaders in term 1. They have participated in Peer Support, leadership training, reported at School Council meetings, facilitated at meetings including House Sport Days preparation and Assemblies and met to discuss fundraising and mufti days. Our SRC have gone on a leadership camp to further develop their leadership skills and to discuss their plans for the future at MFHS. The confidence and capabilities of the team and their communication skills far exceed their years. Congratulations to all our young leaders.

Building Fund
Thank you for the great support by parents of our Model Farms High School Building Fund. With just 10 weeks under our belt we have already over $6,000 in trust for future building projects. Year 7 parents should be particularly keen to support this Fund as their children have every prospect of using any new facility in the coming years, more certainly if a higher percentage of parents each year join in the giving program. At this point our plans are to construct a COLA over the basketball court and Sport Changing rooms out near the oval. We still have a long way to go but every little counts. This is a tax deductible payment for parents and one I encourage everyone to consider.

Congratulations to Mackenzie Bowen, Mitchell Williams, Adam McAlone and Dylan Wright who, as part of the Sydney West Regional Baseball team, were crowned State Champions this week following a successful contest at Manly. Last week I erroneously said it was Alex McAlone who was in the team. My apologies there as it was his brother Adam who should have been mentioned.

Christina Bennet
Principal
Primary Links Program
Week 9 saw our final visit from Winston Heights Public School students as part of a 4 week Primary Links program. I would like to thank all of the staff involved, both at Model Farms and Winston Heights for their time, effort and enthusiasm. I would also like to thank our student helpers at the school for being wonderful guides, class assistants and cooks. Anecdotal feedback has been excellent, with the final BBQ a real winner!

As we enter Week 10, Year 12 students are commencing their Half Yearly examinations and Year 11 are completing work units for their examinations in Week 1 Term 2. Preparing for major assessments can be a stressful time, though this can certainly be alleviated by simple routines and organisational habits.

Last year prior to the above mentioned examinations, I presented an article from Andrew Fuller, addressing easy ways to enhance learning. This article can be found below.
Handy Hints for Improving Learning

The following handy hints for improving learning are extracted from Andrew Fuller’s book “Help Your Child Succeed At School”

**No. 1 Most Learning Doesn’t Happen At School!**
Children spend only 15% of their time at school. They spend more time asleep (33%) than they do at school. Most of their time (52%) is at home, awake, mucking around, playing, and learning about life and it’s what they do with that time that is important. Most of their future learning also won’t occur in school. It is estimated that 70% of the jobs that will exist in the year 2020 do not exist now. We know that knowledge is doubling every three years. It is estimated that 50 years ago a high school graduate left school knowing about 75% of what they would need to know in their working life – today’s high school graduate will leave knowing about 2%!

This series of handy hints to improve learning are designed to help us work together to ensure that we prepare your children for success.

**No. 2 Organising a Learning Space for Your Child**
As your child grows and develops, there will need to be somewhere set up for them to study and do projects. Some kids just can’t get themselves organised and may need a parent to take care of the practical aspects of setting up a home study area. The parent may also need to be responsible for keeping it neat. It’s ok for parents to assist by thinking of ways to better organise notes as well.

**No. 3 Organising a Learning Space for Your Child – Lighting**
Natural or indirect lighting such as a desk lamp is best for learning. It is best for your child not to study under fluorescent lighting as it is related to raised cortisol levels in the blood stream (an indicator of anxiety and agitation). Cortisol also suppresses language functions. If you are purchasing a desk lamp try to avoid fluorescent lights.

**No. 4 How much Television viewing should I allow my child to watch if I want them to succeed at school?**
There is growing evidence to suggest that any TV viewing for children under the age of two impairs their ability to concentrate, As children develop, a small amount of television viewing is positively associated with academic achievement. A nine year old shouldn’t watch more than one and a half hours per day. A thirteen year old shouldn’t watch more than one hour a day.

Bad news for those of you with older children! At 17 years of age the optimal amount of TV viewing is half an hour per day. While there is no real evidence on the amount of time spent playing computer games, it is a good idea to keep televisions and computer out of children’s bedrooms.

**No. 5 How much sleep does my child need to succeed at school?**
A good night sleep (at least 8 hours) is essential for optimal brain functioning at school. Memory consolidation occurs during sleep especially during dream (or REM) sleep. During the normal 8-9 hours of sleep, five dream (REM) cycles occur. Adolescents getting only 5-6 hours of sleep lose out on the last two REM cycles and thereby reduce the amount of time the brain has to consolidate information.

Teenagers need as much sleep as children, partly because their brains are doing so much development. Always remember there is no such thing as a sleep bank. So just because you slept 10 hours one night doesn't mean you can get away with only sleeping six hours the next night. Students who don't get enough sleep have to work much harder to do well at school.

**Have a wonderful week,**
Mark Grady

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**YEAR 7 CAMP LOST PROPERTY**

There is a large box of lost property from the Year 7 Camp including sleeping bags and wet towels. Please check whether your child has lost some property while at camp and ask them to come to the front office to see whether we have it.

**GENERAL LOST PROPERTY**

We have loads of lost property down at reception. If your child has misplaced their jumper, joggers, shoes etc. please get them to pop down and see whether it is sitting here waiting to be claimed.
FROM THE RELIEVING DEPUTY MS PLEDGER

Year 11 In Contact Evening:
The Mary Ann Das Neves' Presentation from The Year 11 In Contact Evening can be downloaded from the School website. Click here to be directed to the page. The document can be located under the heading Useful Resources in the School Years, Year 11 tabs. Even though, this is a copy of last year’s presentation the material covered by Mary Ann was the same.

Examination Procedures:
Please ensure you are aware of the rules surrounding illness and misadventure during the examination period. Although these may appear strict they are there to safeguard the rights of all students and ensure that examinations are as fair as possible. Assessment handbooks have been issued to all students. Replacement copies are available from the website at….
Year 11: http://www.modelfarms-h.schools.nsw.edu.au/years/year-11
Year 12: http://www.modelfarms-h.schools.nsw.edu.au/years/year-12

Tips for Study:
Year 11 and 12 students have major exam periods in the coming weeks (Year 12 Term 1 weeks 10 and 11 and Year 11 Term 2 weeks 1 and 2). I have included some ‘tips for effective study’ below from the Board of Studies to assist families in preparing for these exams.
1. Study in a quiet environment.
2. Break big tasks down into manageable chunks so you're not overwhelmed.
3. Use a variety of study techniques - reading, writing, diagrams, question-and-answer, note-taking, summarising and essay formats all help you prepare for the different types of questions you will get in the exam. Plus, they work in different ways to help you learn and remember.
4. If you don't feel well prepared, don't worry about what you can't change and focus on what you can do in the time remaining.
5. Try to exercise regularly and eat a balanced diet.
6. Get sufficient sleep and try to stick to a routine.
7. A little bit of anxiety is not a bad thing - it's to be expected and can enhance performance. However, let someone know if you’re feeling overwhelmed.
8. Have regular breaks. After a while concentration decreases and you become less productive.
9. When you take a break - enjoy it. Don't spend this time worrying about what you should be doing.
10. Stay positive.

Jennifer Pledger
Relieving Deputy Principal
STREETWISE SEMINAR

Wednesday, 16 April 2014 | 6pm

REBELLION ROOM, CASTLE GRAND COMMUNITY CENTRE
[Limited parking – Underneath the community centre]

COST $12 per group (up four) | RSVP www.streetwise2014.eventbrite.com.au

Julianne Bridges, Surviving Driving, explains – WHAT IS THE ISSUE WITH YOUNG DRIVERS?

NSW POLICE look at local motor vehicle statistics, local black spots and local pubs.
– Senior Const. Jason Roughley

Claudia and Robert McEwen, family of recent ONE PUNCH victim Michael McEwen speak – How it changed their lives and The WAKE UP Foundation.

Emergency services perspective from SURVIVAL FIRST RESPONSE
– Steven Johnson

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VACCINATIONS

This week ALL Year 7 students and the Year 9 boys took home their Vaccination Program packs. Information on the vaccines is included in the material distributed to your child.

The dates for vaccinations are:

| Term 2: 2nd May | Term 3: 18th July | Term 4: 14th November |

YEAR 7
Year 7 have 3 vaccinations:
- Human Papillomavirus (HPV vaccination) - 3 doses: Terms 2, 3 and 4
- Diphtheria-Tetanus-Pertussis (dTpa) vaccination - 1 dose Term 2
- Varicella (Chickenpox) vaccination – 1 dose Term 3

YEAR 9 BOYS
Year 9 boys have 1 vaccination:
- Human Papillomavirus (HPV vaccination) - 3 doses: Terms 2, 3 and 4

If you would like your child to be vaccinated, we require a Parent or Legal Guardian to complete the consent form, to be returned to your child’s Mathematics Teacher by Friday 28th March.

If you wish to withdraw your child from all or part of the vaccination program you must provide the school with written notification. The notes can be handed into Mrs Lumley in the Welfare Staffroom.

If you have any questions regarding vaccinations please contact the school on 9624 3133.

Mrs K. Lumley
HT Welfare
### 2014

#### TERM 1

**WEEK 10**

**Mon 31/03**
- Yr 12 Exams
- Yr 10 History Source Based Assessment
- Heritage Assignment due 7R, U, B & K
- Yr 11 Biology Theory/Skills Assessment Task
- Yr 9 Narrative Assessment p4
- Yr 11BS Topic Test
- Buckley Shield Rugby League

**TUES 01/04**
- Yr 12 Exams
- Yr 11 and 10 ArtExpress Excursion
- Yr 9 History Topic Test Assessment Gas
- Heritage Assignment due 7S
- Yr 8 Science Metals & Non Metals Test

**Wed 02/04**
- Yr 12 Exams
- 7GS World Heritage Assignment due Girls’ Knockout Soccer Game

**Thur 03/04**
- Yr 12 Exams
- Heritage Assignment due 7L
- Yr 9 Skills Test
- Knockout Cricket v Glenwood

**Fri 04/04**
- Yr 12 Exams
- Yr 11 Legal Studies Court Report due Japanese Visit Incursion (hall)
- 7K, 7R and 7B Japanese Test
- Yr 10 Commerce Law Test (in class)
- Uni Shield Rugby League

**WEEK 11**

**Mon 07/04**
- Yr 12 Exams
- Yr 7 Narrative Task
- Yr 11 Japanese Continuers Assessment Task

**Tues 08/04**
- Yr 12 Exams

### Week 11 Cont....

**Wed 09/04**
- Yr 12 Exams
- School X Country (competitors Only pds 1-4)

**Thur 10/04**
- Yr 12 Exams
- Support, Sydney Royal Easter Show Excursion

**Fri 11/04**
- Yr 12 Exams

#### TERM 2

**WEEK 1**

**Tues 29/04**
- Staff Development Day

**Wed 30/04**
- Yr 11 Exams

**Thur 01/05**
- Yr 11 Exams

**Fri 02/05**
- Yr 11 Exams
- Yrs 7 & 9 Vaccinations – BOYS only

**WEEK 2**

**Mon 05/05**
- Yr 11 Exams
- Yr 10 Exam Week
- Yr 7 PDHPE Topic Test

**Tues 06/05**
- Yr 11 Exams
- Yr 10 Exam Week
- Yr 10 Mathematics Half Yearly Examination

**Wed 07/05**
- Yr 11 Exams
- Yr 10 Exam Week
- Zone Cross Country
- Young Healthy Minds Forum

**Thur 08/05**
- Yr 11 Exams
- Yr 10 Exam Week
- Yr 10 Maths Half Yearly Examination

**Fri 09/05**
- Yr 11 Exams
- Yr 10 Exam Week

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FROM THE FACULTY THAT COUNTS

Congratulations to the following Maths merit recipients:

Year 7
Liam Morgan, Joshua Paine, Sonaali Sivakumar.

Year 8
Gemma Barnett, Alanah Doulman, Moji Korkersantisuk x 2, Maneka Ratnayake,

Year 10
Thisura Ratnayake, Joshua Sagar,

Year 11
Frasier Bailey, Karla Cueva, Amy Gibb, Kendall Gregory, Lara Grzechnik x 2, Jessica Maher, Monique Noel,

Year 12
Fletcher Bailey, Tane Ngahu-Ngahu

This Week’s News
The ‘Assignment Season’ is over for most of the students, but not for the teachers of the Mathematics Faculty. We will be marking all assignments and returning the results to the students as soon as we can.

Students in Years 9 and 10 who fail to submit their assignments, which form part of their assessment for their ROSA, may receive an ‘N’ award in line with the Board of Studies requirements. This can affect the awarding of the ROSA for the students involved. Even though you might lose marks by submitting an assignment after the due date, it is better to submit than have an N award on your record.

Australian Mathematics Competition:
Notes have been issued to students for the 2014 Australian Mathematics Competition. This supplements the Gifted and Talented work being done in the classroom. It costs $5 and the money is to be paid to the school by Friday 11th April. The competition will be held on Thursday 7th August 2014. If your child has not received a note and they want to sit the examination, please ask them to speak to their Maths teacher.

Year 12 Half Yearly Exams
These exams are being held in weeks 10 and 11 of this term. Students should be working on their revision and preparation for these important examinations. If they have any issues of concern with their Mathematics studies, they should discuss them with their teachers before the exams. Don’t forget that free tuition is available on Thursday afternoons from 3pm to 4pm.

Calculators:
Please make sure that all students have their own calculator. The Casio fx-82AU is sold at the uniform shop for $35. Different brands of scientific calculators work differently and it is important that everyone in a class has the same calculator. Students need this calculator from Year 7. It is vital for their progress that students are familiar with their calculator and know how to use the different functions.
Fun with Maths:
Replace each A, B, C, D with the same numbers, (so A, B, C, D are different single digit numbers), what to you get?

A       B       C        D
9       X

D        C       B       A

Last week’s question:
Predict how this pattern will continue:
37 x 3 = 111    37 x 6 = 222    37 x 9 = 333    37 x 12 = 444    37 x 15 = 555 ......37 x 27 = 999
All the results have identical digits : )

Have a Mathematical week,
From Jackie Dalton and the Maths Faculty Staff

The 2014 Prefect Team
Over the past few weeks, the 2014 Prefect Team have been thinking about ways that we can improve our school environment. We have started developing a project that involves and benefits the whole school. We feel that CANS are a major contributing factor to the waste in our school and we want to fix this.

In the near future we will be coming around with our customised bin every recess and lunch to collect and recycle any CANS students may have.

We look forward to working with the students on this project. And remember, we CAN do it!!!!
The Industrial Arts Faculty has been busy of recent times. Year 12 students have been busy working on their major projects whilst year 7 students have been receiving their introduction to basic design and production skills. Earlier this term following the efforts of Miss Archer and Mr Rad (our TSO) the Industrial Arts Faculty has had CREO CAD (Computer Aided Drawing) software installed on the computers in the computer room allowing Year 10 Graphics Technology and Year 11 Design and Technology students’ access to high quality software which is used in industry. Included are some samples of the high standard work students are currently producing.

- Toaster drawn in CAD by Year 11 Student Jarod Nekipelov
- Screenshot of CAD work in progress by Jake Krnel Year 10
- Year 7 Storage Box
- Timotius The Year 10 – Car Model
FROM THE ENGLISH FACULTY

Congratulations to the following Faculty Merit Award recipients:

Year 8: Briarna Sorbello
Year 10: Timotius Teh

STORYTELLERS!
COME ONE, COME ALL!

*The Australian Storytelling Guild* is holding two exciting competitions this year for any interested Year 7 or 8 students.

Finalists of the *NSW State Storytelling Competition* will be invited to tell their story to a family audience in July 2014; and *NSW State Story Writing Competition* winners will have their stories published on the Australian Storytelling Guild website, as well as in *The Storyteller Magazine*.

There are great cash prizes to be won, ranging from $100-$300. Do you or a friend like telling or writing stories? Can you spin a good yarn? Why not take the chance and enter these fantastic competitions?

The closing date for entries is **Friday, 9th May** so get those imaginations flying and see either Ms Greer (Year 7) or Ms Estacio (Year 8) in the English staffroom for more information.
CALLING ALL WRITERS!

‘What Matters’ is a writing competition that gives Years 5-12 students in NSW and the ACT a chance to say what matters to them in society today. What actions do you think should be taken to build a better society? What would you change if you could? What do you want other people to care about?

Write4fun encourages students to read and write through a series of competitions that are fun and easy to enter. School students across Australia are invited to enter their short stories OR poems to be in the running to win cash prizes for both themselves and their school. Students from all grades are welcome to enter, using their imaginations as they are able to write on any topic! For information on either of these competitions, please see Ms Greer in the English staffroom.

YEAR 12 HALF YEARLY EXAMS

In the last two weeks of term, Year 12 will be sitting their Half Yearly Examinations. Students also have a Speaking Task for Module A, which they will present in an allocated time during the exam period. These times have now been posted outside the English staffroom for students to check.

For this task, students are encouraged to review the elements of a speech and refer to the themes of their prescribed text. It is important that you speak clearly and avoid simply reading from your palm cards. When practising, ask yourself:

Have I made eye contact?
Have I used hand gestures?
Have I varied my tone of voice?
Have I met the time requirements?

Happy studying and best of luck to all Year 12 students!
The World’s Greatest Shave: Another SRC success.
Over $3,000 dollars was raised for another worthy cause. On the day many teachers and students participated. Some shaved it all off, while others opted for hair colouring.
World’s Greatest Shave
My name is Gianna Edirimanne and I am a Year 11 student. This year I decided to take part in the World’s Greatest Shave, which is an annual event held by the Leukaemia Foundation.

Cancer is something that we often dismiss and we all see as something that most likely won’t affect us. I would like to draw your attention to the fact that cancer is unpredictable and can affect us or our loved ones. In fact every 46 minutes someone in Australia gets the news that they have Blood cancer, so that means over 17 000 Australians have already been diagnosed this year. Although survival rates are improving, blood cancers are the second largest cancer death in Australia.

I am so passionate about the Leukaemia Foundation because they not only raise money to fund crucial research, which is needed to find better treatments and cures but they also provide as much practical assistance and emotional support possible. Whether it be providing them with a free home-away-from-home near hospital during their treatment or providing them with emotional support to overcome the initial shock of diagnosis.

The SRC were also really excited about the World’s Greatest Shave, so they dedicated the 13th of March in Week 7 to this wonderful cause. They were incredibly supportive and gave me the chance to promote something I was so passionate about at both Junior and Senior assembly. I attended SRC meetings leading up to the mufti-day, they were eager to hear my ideas and found a way to implement them. Altogether I raised $1400 and I hope I inspired more girls and boys to take part next year, as it was such a humbling experience. I would also like to thank Model Farms High School as a whole for their donations and encouraging words of support.
@school

MODEL FARMS HIGH

Beat bullies hands down

STUDENTS TAKE A STAND

Nigel Gladstone

MODEL Farms High school took a hands-on approach to the fourth National Day of Action against Bullying and Violence last Friday.

All of the students wrote pledges against bullying on their “hands” in a rainbow of colours. Representatives from each year then gave an anti-bullying message at an assembly.

This was followed by each year group going to an area of the school where STOP signs saying “No bully zone” had been placed. They then put their “hands” around the signs and on the walls.

Australian research shows up to a quarter of students are bullied on some level, and bully behaviour peaks in the middle primary and the first year of high school years.

Bullying. No Way! is an initiative working to promote safe and supportive school communities. About 2000 schools participated in the day of action this year.


Rebecca Bayly, teacher Kellie Lumley, Liam Campbell and Emily Spinks.

Picture: PHIL ROGERS

TOP TIPS

1. If a child says they are bullied: listen carefully to them.
2. Reassure them and ask for details.
3. Ask what they want to do and what you can do about it.
4. Discuss strategies to handle the bullying.
5. Contact the school.
Year 7 Camp

We started off camp by getting to meet the camp instructors, they were very enthusiastic and stern. Most groups (including ours) started with mud activities. We felt like we were trapped in a whole world of mud, at first we thought of the 'Lost Island' activity as a yucky course, but it turned out to be filled with laughter and enjoyment. At the end of our first activity, the instructor Kate, told us to ‘bathe’ ourselves in mud. Our second activity was archery, although I was terrible at it, it was lots of fun. It was interesting to see what people excel at. On the first night we had a disco. The disco was fun but too cramped, the Year 11 and some Year 7 showed their moves on the dance floor. Virtually everyone joined in on the Nutbush and Macarena. After the dancing, some of the instructors showed their skills with fire! Then we walked back to camp to get some supper, it was very tasty. The next morning we woke up to the sound of the instructor banging on our doors to wake up. Our first activity on Day 2 was high ropes. High ropes was enjoyable and a good activity to start the day. Next we had Survivor’s Challenge. The Challenge was to build to the platform in the middle using tyres scattered across the water and planks to build to the tyres to get to the middle. It was enjoyable and it teased my brain. We finished midday with going to the sand dunes. It was very fun. We had dinner at the beach and then caught the bus back to camp. When we got back we went to the commando base. Each teacher received a torch and had to spot the students. The students had to rescue the hostages. When we all came back to the commando base, they told us about the story of Billy. After the story we went back to camp and slept.

Day 3 started with a packing of bags and then off to our activities. We started with the leap of faith and ended with a favourite, the giant swing.

Overall the camp was very fun and exciting.

Indie Mahendran
Year 7 Camp

Our 3 day trip began on Wednesday 19th of March. We got onto our buses and went on a 2.5 hour bus trip to ‘The Rock’. As soon as we arrived, we had lunch and were assigned our permanent tents. The rooms had 6 bunk beds and gym mats as a mattress. After that, we went into our groups and began our activities. My first activity was high ropes and our instructor, Chelsea, explained what we needed to do. When we had finished that activity, we had a break and ate snow cones. Once we had finished our snow cones, we had ‘mud world’ which consisted of an obstacle course of mud. After that activity, we had some time to change and then we had dinner. After that, we had our disco. It was very cramped. Afterwards, some of the instructors showed a fire show. Then we went to our tents to get changed for the night. The next day we had the giant swing and then kayaking. We went to the beach to go to the sand dunes, go on a rainforest walk and then we had a beach barbecue. At night we had commando/spotlight. On the next day, we had archery and survivors challenge where we built towards a raft in the middle. Finally, we took another 2.5 hour bus ride back to the school. It was an enjoyable camp.

Madeline Lee-Shipley
FROM THE CAREERS FACULTY

Information Sessions Coming Up...
6:30pm – 8:30pm
• Generic Australian Defence Force – Thursday 27th March
• Health – Tuesday 1st April
• Women In Defence – Wednesday 2nd April
• Engineering – Monday 7th April
• I year IMPS – 8th April 4:30pm – 6:00pm
• Army Reserve – Tuesday 8th April
• Australian Defence Force Academy (ADFA) – Wednesday 9th April
• Navy – Tuesday 29th April

Defence Force Recruiting
Level 4, 9 George Street, Parramatta

Bookings:
If you have a candidate ID number please call 13 19 02
If you do not have a candidate ID number please email CPTNSW@dfr.com.au
Extrastaff
Apprenticeships

Current Vacancies

Apprenticeships

- Apprentice Chef (1st/3rd Year) - Cert III in Commercial Cookery – Gladesville
- Apprentice Chef (2nd Year) - Cert III in Commercial Cookery – North Sydney
- Apprentice Chef (1st/2nd Year) – Cert III in Commercial Cookery – Phillip Street (CBD)
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Darlinghurst
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Newtown
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Bondi Beach
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Coogee
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Cronulla
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Canberra
- Apprentice Chef x 2 (1st Year) – Cert III in Commercial Cookery – Jindabyne
- Apprentice Carpenter x 2 (3rd Year) - Cert III in Carpentry—Alexandria
- Apprentice Bricklayer (1st Year) - Cert III in Bricklaying/Blocklaying—Riverwood
- Apprentice Horticulturist (1st Year) Cert III in Horticulture Parks and Gardens—Surry Hills
- Apprentice Engineer x 3 (1st Year) - (Welder/Fitter/Boiler Maker) Cert III in Engineering Fabrication—Seven Hills
- Apprentice Jeweller x 1 (Diamond Setter) (1st Year) - Cert III Jewellery Manufacture—Leichhardt

Traineeships

- Freight Forwarding Trainee—Cert III in International Freight Forwarding—Parramatta
- Retail Traineeship x 1 - Cert III Retail Operations—Martin Place, Sydney
- Retail Traineeship x 1 - Cert III Retail Operations—Castlereagh St, Sydney

Email your CV to recruitment@extrastaffapprenticeships.com.au to apply for one of these great opportunities!

www.extrastaffapprenticeships.com.au

Mob: 0439 754 784
Ph: 02 8838 0441
24 March 2014

Dear Principal
Model Farms High School

I write to advise you that Hillsbus has amended the school bus timetable for your School, which will commence Monday 31 March 2014.

The amended timetable shows Route 8589 now departing @ 3.10pm.

We would appreciate it if this information can be distributed to the affected students this week. Your assistance in ensuring that students receive the new timetable is greatly appreciated.

Should you have any questions regarding the timetable, you can call our Customer Service Department on 8899 7000 or visit our web site at www.cdcbus.com.au for up to date details of all school special services.

Kind Regards

[Signature]

Kerl Spin
Student Transport Manager
ComfortDelGro Cabcharge
CHANGE OF CONTACT INFORMATION
MODEL FARMS HIGH SCHOOL

Name of Student: _______________________________ Year ______

New Address: __________________________________________
_____________________________________________________
Postcode: ______

Correspondence: _______________________________________
_____________________________________________________
Postcode: ______

Email Address: _______________________________________

New Home Phone No. _________________________________

Mother Mobile: _______________________________________

Mother Work: _________________________________________

Father Mobile: _______________________________________

Father Work: _________________________________________

Emergency Contact if changed: _____________________________

Phone No.____________________________________________

Any change in Medical Condition e.g. Allergy, Asthma etc.

Details_________________________________________________

Bus Pass: YES / NO
SPORT BUS PASSES CAN NOT BE PURCHASED ON WEDNESDAYS

Sports Bus
052-001

Please indicate preferred pass:

- A 5 trip pass for $37.50  No. of passes _____  Total $_______
- A 10 trip pass for $75.00  No. of passes _____  Total $_______

Name of Student/s ___________________________ Year/s _____________

Payment by:  CASH  [ ]  CHEQUE  [ ]

PAYMENT BY MASTERCARD OR VISA SLIP
Please circle the appropriate card

[ ] Please debit my Mastercard / Visa Account No:

[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

Amount in figures ____________________________

Expiry Date: _____________  CCV: ___________

Name of Credit Card Holder (as shown on card) ____________________________

Signature of Credit

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# MODEL FARMS HIGH SCHOOL

## SPORTS

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<tr>
<th>GRADE</th>
<th>vs James Ruse</th>
<th>R7</th>
<th>JNRs AWAY</th>
<th>2/4/14</th>
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<tr>
<td>BOYS GRADE</td>
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<tr>
<td>Open Baseball</td>
<td>Col Sutton</td>
<td>1W1</td>
<td>12:15 – 2:40</td>
<td>Stevenson</td>
<td>MC</td>
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<tr>
<td>Open Cricket (“B” &amp; “Y”)</td>
<td>Max Ruddock (B) &amp; Eric Mobbs vs BH(Y)</td>
<td>805</td>
<td>12:15 – 2:40</td>
<td>Pulao &amp; Jiminez</td>
<td>JB2</td>
</tr>
<tr>
<td>15’s Basketball a/b</td>
<td>JRAHS</td>
<td>804</td>
<td>12:15 – 2:40</td>
<td>McKenna</td>
<td>JB2</td>
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<tr>
<td>Open’s Touch a/b</td>
<td>Gooden Res</td>
<td>504</td>
<td>12:15 – 2:40</td>
<td>Luttringer</td>
<td>JB</td>
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<td>15’s Touch a/b</td>
<td>Kingsdene Oval</td>
<td>712</td>
<td>12:15 – 2:40</td>
<td>Keen</td>
<td>JC</td>
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<td>Col Sutton</td>
<td>6L3</td>
<td>12:15 – 2:40</td>
<td>Newton</td>
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<td>Open Oztag a/b</td>
<td>Gooden Res</td>
<td>806</td>
<td>12:15 – 2:40</td>
<td>Attenborough</td>
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<tr>
<td>Open Volley a/b</td>
<td>MFHS</td>
<td>503</td>
<td>12:15 – 2:40</td>
<td>Hietamaki</td>
<td>JE</td>
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<tr>
<td>15’s Volleyball a/b</td>
<td>JRAHS</td>
<td>6L2</td>
<td>12:15 – 2:40</td>
<td>Edwards</td>
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<tr>
<td>Open Netball a/b</td>
<td>Gooden Res</td>
<td>509</td>
<td>12:15 – 2:40</td>
<td>Dunger</td>
<td>JB</td>
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<tr>
<td>15’s Netball a/b</td>
<td>JRAHS</td>
<td>707</td>
<td>12:15 – 2:40</td>
<td>Estacio</td>
<td>JC</td>
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<td>REC SPORT</td>
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<tr>
<td>Rock Climbing $7.50 + bus</td>
<td>The Edge Castle Hill</td>
<td>3CI</td>
<td>12:15 – 2:40</td>
<td>Weingarth, Schultz</td>
<td>JE</td>
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<tr>
<td>Ten Pin Wondabowl $6.50 + bus</td>
<td>Wondabowl Castle Hill</td>
<td>812</td>
<td>12:15 – 2:40</td>
<td>Woods, Gardner</td>
<td>MC</td>
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<tr>
<td>Gym $7 + bus</td>
<td>Waves</td>
<td>501</td>
<td>12:15 – 2:40</td>
<td>Gregory</td>
<td>JB</td>
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<tr>
<td>Ice Skating $8.00+ bus</td>
<td>Sydney Ice Arena</td>
<td>4L3</td>
<td>12:15 – 2:40</td>
<td>Relf, Wawrzyniak</td>
<td>GC</td>
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<tr>
<td>Squash $5</td>
<td>Winston Hills</td>
<td>1TD</td>
<td>12:40-2:40</td>
<td>Vince, Murphy</td>
<td>MC</td>
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<tr>
<td>Tennis Olympus $5</td>
<td>Winston Hills</td>
<td>809</td>
<td>12:40-2:40</td>
<td>Archer, Montgomery</td>
<td>JP</td>
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<tr>
<td>Rec Walking</td>
<td>Around</td>
<td>701, 702, 704, 708, 710, 713</td>
<td>12:40-2:40</td>
<td>Manson, Varghese, Alexander, Rawat, Ljubicic, Robertson, Atkins</td>
<td>FH &amp; JE</td>
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<td>House Sport</td>
<td>Gooden Res School Oval</td>
<td>TLC</td>
<td>12:40-2:40</td>
<td>Leghorn, Crouch, Sanders, Villigran, Munroe, P.Singh</td>
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<tr>
<td>Boot Camp</td>
<td>School</td>
<td>507</td>
<td>12:40-2:40</td>
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<td>Gardening</td>
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<td>12:40-2:40</td>
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<td>Zumba $5</td>
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<td>7S</td>
<td>Frisbee</td>
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<td>12:40 – 2:40</td>
<td>Dawson</td>
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<td>Blacktown Indoor $4.50</td>
<td>709</td>
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<td>Bowen, Georgopoulo</td>
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<td>7U</td>
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