Student Success
Congratulations to Year 8 student Deborah Burns on being selected to dance at the Sydney Opera House this week. Deborah danced at the Opening Spectacular for the APDA Physie and Dance Senior Nationals. What a terrific honour for Deborah and such an iconic venue to be dancing in. Well done.

At this time of the year it is appropriate to congratulate all students on a very successful final report. I have read most year groups so far and while they are yet to be issued, I can tell that the vast majority of our students have worked hard to produce results that reflect their diligence, hard work and commitment to learning. I can only feel proud of reading their reports knowing that they deserve their accolades and recognition. I look forward to presenting certificates in the coming weeks at our recognition assemblies and Presentation Night to some very worthy students. Congratulations to all.

2015 Newsletter Arrangements
With so many forms of communication available to us these days it can sometimes feel like a bit of overload when we receive several forms from the same source. At Model Farms High School we have our website, our Facebook page, our weekly newsletter and our school noticeboard that we use to communicate with our students and parent bodies. I know parents like to hear what is happening at the school but a lot of time and effort goes in to producing a weekly newsletter that unfortunately, does not necessarily get the audience or volume of readers that it truly deserves.

With this in mind, from 2015 the weekly newsletter will be replaced by a newsletter at the end of Weeks 3, 6, & 9 each term. We will continue to email links each week to our calendar of events and important dates so that parents can still stay on top of notices of things like excursions, information evenings, camps etc. We will also regularly update our Facebook page with good news stories, notices and invitations to events but our newsletter will now come less frequently. Advertisers and those with community announcements can still access the newsletter as well as the weekly email link.

2015 House Captains
Another important student leadership role at the school is that of House Captain. The students who are elected as House Captains are responsible for encouraging house spirit at our athletics and swim carnivals and on Sport afternoons as well. They assist the Sports Coordinator and regularly speak on assemblies. This year the male/female balance is more in favour of the girls with 6 female house captains and only 2 males house captains. I know they will all do a fabulous job in 2015. Congratulations to Emma Charlton and Joanna Tryczynski who will lead Chisholm House; Anthony Keat and Lucy Laing who will lead Peel House; Emma McAlonan and Jacqueline Smith who will lead Thompson House; and Caitlan Taylor and Hayden Smith who will lead Wentworth.
Mufti Dress Policy

I have spoken on the last two assemblies to each of the current year groups about our upcoming Multicultural Day and the fact that it will be a mufti celebration of diversity and culture that we hope has a fun filled festival feel to it. This day will also be the first test of the new Mufti Dress Policy which has today been given to every student present at school. The policy, which has been formulated after wide consultation with students, staff and parents, has been ratified by the School Council and is supported by the P&C. We hope that students will find there is enough room for them to wear comfortable yet modest clothing on the day but, given that this has now been communicated to students beforehand, we will be ensuring that what students wear complies with the WH&S regulations as well as the policy. I hope this day is allowed to run as the celebration it is intended to be and the focus does is not forced to shift to things other than the enjoyment fun that is planned.

Christina Bennet
Principal
FROM THE DEPUTY PRINCIPAL

Course Selections Year 8 and 10 for 2015
During the week, I informed Year 8 and 10 students, that waiting lists for 2015 courses were now open. This applies to Elective courses in Year 9 2015 and courses allocated in Year 11 2015. This is due to some students not receiving courses they applied for during the selection process earlier in the year. If students wish to be considered to go on a waiting list or change a course, they need to hand in the form to me by Thursday 27 November.

Week 7 Award Winners
Congratulations to the following students who were presented with awards at the Week 7 Junior Assembly.

<table>
<thead>
<tr>
<th>Name</th>
<th>Year</th>
<th>Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>Atabaris Pelin</td>
<td>8</td>
<td>Bronze Award</td>
</tr>
<tr>
<td>Sarah Bernard</td>
<td>8</td>
<td>3 Bronze Awards</td>
</tr>
<tr>
<td>Tepene Taaka Tekaute</td>
<td>8</td>
<td>Bronze Award</td>
</tr>
<tr>
<td>Maneka Ratnayake</td>
<td>8</td>
<td>Bronze Award</td>
</tr>
<tr>
<td>Jamie Smith</td>
<td>7</td>
<td>Bronze Award</td>
</tr>
<tr>
<td>Briony McNeill</td>
<td>8</td>
<td>Bronze Award</td>
</tr>
<tr>
<td>Domenica Antonutti</td>
<td>7</td>
<td>Bronze Award</td>
</tr>
<tr>
<td>Emily Deschacht</td>
<td>8</td>
<td>Gold Award</td>
</tr>
<tr>
<td>Deborah Burns</td>
<td>8</td>
<td>Gold Award</td>
</tr>
<tr>
<td>Stephen Frost</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Alanah Doulman</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Waseem Momandi</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Nima Norouzi</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Drew Palazzolo</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Robert Hokin</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Tom Roberts</td>
<td>8</td>
<td>Excellent School Service</td>
</tr>
<tr>
<td>Matthew Hannah</td>
<td>9</td>
<td>Citizenship for being an exam reader and writer</td>
</tr>
<tr>
<td>Abbey Sim</td>
<td>9</td>
<td>Citizenship for being an exam reader and writer</td>
</tr>
<tr>
<td>Liam Kennelly</td>
<td>9</td>
<td>Citizenship for being an exam reader and writer</td>
</tr>
<tr>
<td>Zoe Wilton</td>
<td>9</td>
<td>Citizenship for honesty</td>
</tr>
<tr>
<td>Nicholas Smith</td>
<td>8</td>
<td>Citizenship for honesty</td>
</tr>
</tbody>
</table>

Davidson Shield Cricket
The MFHS Davidson Shield cricket team played Rouse Hill High School on Thursday in the Sydney West Group 1 Final. Playing in 37 degree heat, the boys were gallant in defeat as they maintained the high standards set by previous teams. The team showed great spirit in their attempt to defend a modest score of 91; however, Rouse Hill proved too good on the day as they ran out deserved winners. Everyone at MFHS is extremely proud of the way the players conducted themselves, especially those Year 11 students who had a leadership role within the team. A special mention should be reserved for Angus Carroll and Ritwik Misra for teaching the younger players what it means to be a 'Farmer'. I would also like to thank Mr Puleo for his leadership and for the time spent working with this great group of students.

Have a wonderful week,

Mark Grady
Deputy Principal
FROM THE DEPUTY PRINCIPAL

Walking through the playground this week I ended up talking to a group of boys about how they had gone this year, when one student piped up about how pleased he was as he had achieved 4 out of the 5 goals he had set for himself. What was so amazing was that at the beginning of 2014 he had actually stopped and written his goals for the year in his phone. It was fantastic to see how proud he was about his achievement. This young man knows who I am talking about and he has my up most respect and admiration.

This then got me thinking how many of our students actually set and record their goals for each year. As parents over the last few weeks of the year it is an ideal time to start a discussion with your children about the year just gone. Did they have any goals? Did they achieve them? What worked? What didn't work? From this discussion many students would then be able to set goals for 2015.

I would love at the same time next year to report that I had spoken to many students who had set, recorded and achieved goals in 2015.

One of these goals could be to just be happy. Please have a read of the article below.

Have a Good week,

Jennifer Pledger
Deputy Principal

HOW TO BE HAPPY
With thanks to the author: Andrew Fuller, Clinical Psychologist and Family Therapist, Ambassador for Mind Matters and Member of the National Centre Against Bullying. www.andrewfuller.com.au

Happiness is a contagious goal for 2015.
I would like to suggest that we all make a goal for 2015—to make ourselves and other people happy. Over the past year, there have been tough times for many people. In tough times, it is important to increase the overall happiness in our lives.

The art of making yourself happy is something we can all learn and practise. No-one is happy 100% of the time. As we all know, life has its ups and downs. Even so, there are some sure ways to increase your happiness.

1 Don’t wait to see if you are having a good time. Instead of going to places and seeing if it is fun, decide in advance to have fun regardless of the circumstances. Enjoy the day regardless of the weather. Make the most of the occasion regardless of the company.

2 Go outside and play. You were told to do this as a kid and I am telling you to do it again; play more. Go for walks, throw a dog a stick, skip, sing loudly or imagine yourself to be a spy passing through enemy territory. Whatever does it for you. Make a promise to play more.

3 Develop deep friendships. Your friends are your true wealth. Value them and see them regularly. Let them know how important they are to you. Most people only have two close friends, so don’t fool yourself into believing you are less popular than most people.

4 Increase the closeness of extended family. Keeping in close contact with your family gives you a support base for difficult times and also strengthens your sense of where you come from. Feeling you belong in a family is a powerful way of being happy.
5 Play to your strengths. Have a good long hard look at yourself. What are you good at? Make a commitment to develop your skills, talents and abilities as much as you can. If you don’t develop your own unique talents, the world misses out.

6 Seek out groups that most strongly value what you have to offer. Finding the niche where your abilities are valued is the basis of success.

7 Avoid social groups where your unique attributes are not valued. Not everyone is going to like you or think you could amount to much. Get used to it. Accept that it is so, and then move on.
As Mark Twain wrote, Keep away from people who try to belittle your ambitions. Small people always do that, but the really great ones make you feel that you, too, can become great.

8 Live in the dreamtime. Dare to dream big dreams this year. Find and follow your passions. Make a promise to live a wonderful life.

9 Laugh a lot more. Find people, shows, books, films and situations that make you laugh, and surround yourself with them.

10 Have something bigger than yourself to believe in. Think about the contribution you can make while you are on his planet and do it.

11 Love as much as you can. This one small intention may be the most powerful way we could improve our lives.

J. Pledger
Deputy Principal
Model Farms High School MUFTI DAY DRESS Policy

On occasions, students are allowed to wear clothes other than the usual school uniform. This may include ‘mufti’ days to raise money and awareness for charities, or as a year group reward; or when on school trips or excursions. Whilst this allows students the opportunity to express themselves as individuals, it must be done so in an appropriate way. It is particularly important that any student dress on these occasions recognises that the school is still a working environment and all staff, students and visitors must comply with Work Health & Safety requirements. Furthermore student dress must not cause embarrassment to staff, students and other members of the school community.

The appearance of students is expected to be a credit to the school at all times and students have an obligation to meet a grooming and presentation standard which is not less than that expected at other times. We encourage students to take pride in their appearance and ask that parents support the school by ensuring that their son/daughter maintains a clean, tidy and appropriate standard of dress. Mufti is an option for students and parents will be advised of a mufti day by the school. Students are required to make a gold coin donation (usually $2) if they choose to wear mufti.

This policy applies to all students on designated mufti-days. The school reserves the right to advise students when it considers that their appearance is unacceptable, and not in compliance with the school mufti day dress policy. The Principal and Senior Executive will have the ultimate decision in all items covered by this policy.

The following dress policy will apply to the wearing of mufti:

- Students should wear clothing of a modest nature suitable for a learning and work environment and should therefore not be revealing or too short.

- Leggings can be worn provided they are worn with another piece of clothing, for example mid-thigh length skirt/top/tailored shorts/tunic to ensure modesty.

- Tee shirts or polo style shirts with non-offensive logos, slogans or statements are allowed.

- Appropriate footwear must be worn at all times to comply with WH&S requirements. Footwear is to be safe, clean and worn at all times. Covered shoes must be worn in workshops and labs. Non marking shoes must be worn in the gym.

- The standard of dress is to be tidy, casual clothing. Please bring a change of clothes for PDHPE classes where appropriate.

- Any student is free to wear formal school uniform.

Examples of inappropriate clothing

- Flip-flops, thongs and very high heels which do not comply with WH&S regulations.

- Miniskirts or very short non-tailored shorts.

- Clothing displaying offensive logos, drug, alcohol or tobacco-related slogans or statements.

- Tops or clothes that show a bare midriff or reveal underwear.
- Tops that do not cover the bra front and back. Shoulder straps must be of reasonable width. No cut-away backs.

- Any see-through clothing that reveals underwear.

Our students continue to be fantastic advocates of Model Farms High School and maintaining these standards is very important to us. If a student is in clothing that is in our opinion inappropriate for a school work setting then they should expect to be challenged.
ATTENTION: YR 8 Book Packs are still waiting in the Uniform Shop for collection. Please collect ASAP

**Week 8**

Mon 24/11  Yr 11 Chemistry Assessment Mr Chand P2, Ms Hoy P5  
            Yr 9 Reports due  
Tues 25/11  Yr 11 Chemistry Polymer Lecture  
            UWS  
            All Yr 7 on Geography Excursion  
            7R GAT Project P5  
Wed 26/11   -  
Thur 27/11  Yr 9 Leadership summit  
            Yr 12 Modern History Assessment  
            1 (P5)  
            7R GAT Project P1  
            Yr 10 Wet n Wild  
            12 SAC Task 1 due  
Fri 28/11   Multicultural Day

**Week 9**

Mon 01/12  Yr 7 2015 Pathfinders  
            7R GAT Project P5 and 6  
            Yr 11 Biology Assessment Task  
Tues 02/12  Yr 7 2015 Pathfinders Visit  
            Yr 11 General Maths HSC Task 1  
            Yr 11 Ext 2 Maths HSC Task 1  
            Yr 11 Maths HSC Task 1 P5  
Wed 03/12  International Day of People with Disability Event  
            Orientation Day  
Thur 04/12  Yr 10 U Turn the Wheel RYDA  
            Regatta Centre  
            Yr 9 Leadership Project Session 5  
Fri 05/12  Luna Park Excursion  
            Yr 8 Science G & T Day UWS  
            SHSC Drama Assessment Task 1 due  
            7U, 7I, 7S French Test  
            Yr 11 Ext 1 Maths HSC Task 1  
            Support – Sydney 500 V8  
            Supercars Excursion  
            Ext 2 – Viva Voce Interview  
Sat 06/12  Extension History Study Day
Trading Days and Hours
Monday, Wednesday and Friday
8.10 am until 9.00 am

Payment Options
Cash - Cheque - Visa - Mastercard

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YEAR 10

Please purchase your **SENIOR UNIFORM** as soon as possible.

If your Junior uniform is in good condition, please consider donating it to the Uniform Shop. All donations are appreciated and help many students.

**UNIFORM SHOP TRADING DAYS**

Please note the **IMPORTANT** dates below:

~~~ 2014  ~~~

**SATURDAY** - 29 November 2014
Open 9.00 am – 2.00 pm

**FRIDAY** - 5 December 2014
Last Day of Trading

~~~ 2015  ~~~

**SATURDAY** - 10 January 2015
Open 9.00 am – 2.00 pm

**FRIDAY** - 30 January 2015
Shop Re-Opens 8.10 am – 9.00 am

The Uniform Shop will **NOT** be open on the first days of school 2015

WWW.MODEL FARMS-H.SCHOOLS.NSW.EDU.AU
FROM THE ENGLISH & DRAMA FACULTY

Congratulations to the following English & Drama Faculty Merit Award recipients:

**Year 8:** Abbi Bunting, Emily Deschacht, Margaret Eden and Lance van Doorene (x3)

**Year 11:** Monica Patch and Olivia Thomas

**YEAR 9 ‘COMING OF AGE’**

This term, **Year 9 students** will be studying the ‘coming of age’ genre, particularly in films, by exploring the different stages within the transition from childhood to adulthood. In their introductory research, **9EE** explored various coming of age rituals and traditions that exist around the world. This was an eye-opening activity for the class as they came across many unique (and sometimes painful) ceremonies that children underwent in the process of becoming recognised as adults. In Australian society, we have “come of age” once we reach the age of 18 and are able to enjoy the rights and privileges that are associated with being adults. For other communities around the globe, it can be quite different... as **Maddy Golding, Brendan Kirbos and Akira Lim** discovered.

**The Sateré-Mawé Coming of Age Tradition: Bullet Ant Initiation by Maddy Golding**

In the Brazilian Amazon, young boys who belong to the indigenous Sateré-Mawé tribe, begin their coming of age when only 13, with a Bullet and Ant Initiation. The tradition goes that they search their jungle for bullet ants, which are then sedated by a leader who submerges them in an herbal solution. The ants are then weaved into woven gloves with their stingers pointed inwards.

Once the ants have awoken, they are furious and initiation begins. Each boy has to wear the gloves for over 10 minutes. Enduring the pain demonstrates the young boys’ readiness for manhood. A few do cry and, in doing so, demonstrate weakness. Every boy has to wear the gloves over 20 times in a period of several months before the initiation is complete.

**Rites of Passage: the “Vision Quest” by Brendan Kirbos**

A vision quest is a rite of passage used in most Native American cultures. This particular ceremony of the vision quest is the most ancient and universal means to discover spiritual guidance and purpose. In most practicing cultures a vision quest is said to provide deep understanding of one’s life and destiny. A traditional vision quest consists of a person spending one to four days and nights alone in nature. According to tradition, this time provides deep communication with the spiritual forces and energies of creation, that the Native Americans believe in.

During this quest, a guardian animal or force of nature will come in a vision or dream to offer guidance for the child’s life. A person’s vision quest is often done during their transformative teenage years. It helps the teenager take responsibility for themselves and their contributions to society. Once a teenager has completed his or her vision quest and returns to their tribe, they are accepted as an apprentice for doctors, boat-makers and much more.
Vanuatu Land Diving or “Naghol” by Akira Lim

On Pentecost Island in Vanuatu, young boys that have come of age participate in a ritual that involves jumping off a 98-foot tower. Boys as young as five years old may take part in this rite of passage, starting from a lower height and gradually working upwards as they grow older. The higher one goes, the manlier he is considered by the tribe. They believe that a successful dive demonstrates manhood and will ensure a good yam harvest, which is their staple food source. It is both a test of their bravery as it proves their strength, and is also linked to their religious beliefs.

Around April or May, villages build wooden towers. Once completed and scaled, the young men climb the tower. With vines first tied to the platform on the tower and then to their ankles, they dive headfirst to the ground, falling at about 45 miles an hour. Their aim is to land close enough that their shoulders or head touch the ground. However, if the vine length is not correct, the person may crash their head into the ground and can result in serious injury, even death. Vines can also snap if they are too dry or weak. Without any safety equipment, land diving can be very dangerous and certainly a test of courage.

Year 11 Adviser Notice Board

Written by Mr Montgomery

Seniors Supporting Sport

Our senior mentors: Susan Collier, Siobhan Dobie, Gianna Edirimanne, Chloe Elbaz, Jack Floyd, Amy Gibb, Nathaniel Grosser, Shaylee Hogan, Chris Lomberg, Monique Noel, Connor Pappas, Monica Patch, Olivia Thomas, Amy Watson, Charlotte Willars, Madilyn Williams, Kar Lei Young had their first week of working with the Support Unit from Winston Hills Public School last week. They were enthusiastic and engaging, teaching students a variety of skills through various games and activities designed to encourage inclusion and encourage active development of students through sport. Our next visit is not until next term; however the students are keen to begin planning new activities for the primary students and continue their partnership with our local primary school.

Check My Car Program - Friday 14th November 2014

A select group of Year 11 students participated in the ‘Check My Car Program,’ run by the NRMA. A free education program for students who drive to school. As the National Roads & Motorists’ Association is committed to helping young drivers stay safe on the road, they are piloting a program to make sure the cars students are driving are safe and well maintained. The aims of the program were to prepare those students that drive with an understanding of their car and what to look out for before they head off into the Christmas holidays.

Our four drivers – Michaela Jarvis, Ritwik Misra, Tom Steller, Nelson Bennett and Will Agiomamitis were given the opportunity to bring three friends to a 40 minute safety session run by the NRMA. The NRMA Patrol visit included a safety check of tyres and under the bonnet. The students had opportunities to ask questions, watch and learn about the maintenance of their car.
Ours students were highly engaged and inquisitive about their vehicles. They were actively involved in checking tyre pressure and looking under the bonnet, having to identify what to look out for, checking the oil and coolant levels to ensure their safety on the road.

There were opportunities to ask questions throughout the entire session led by the friendly staff from the NRMA. After feedback from the students it was unanimous that this program was beneficial to teaching our students the importance of regularly checking their car to ensure the safety of both themselves and their friends on the road.

**Recognition Assembly**

We acknowledged the success of our seniors at the end of year Recognition Assembly. With presentations from the Principal, Christina Bennet, and myself, as Year Adviser, reflected on the hard work and outstanding achievements of a high number of our Year 11 students throughout the year. There were student performances by: Olivia Thomas, Simon Han, Michael Cousins, Samir Djulamerovic, Turoa Waaka, Tom Steller and Talea-Jordan Kennedy all of which reflected their exceptional contribution to Music this year.

I once again thank Year 11 for a great year. Many of our seniors stepped up to the challenges of senior school, through leadership initiatives or improved results. The induction of our new leadership team (Captains: Loredana Caltanide & Andrew McMenemy Vice Captains: Georgia Bennetts & Mackenzie Bohan SRC Presidents: Gianna Edirimanee & Christopher Lomberg SRC Executive: Josephine Rizko & Ritwik Misra and Sports Captain: Monica Patch & Benjamin Kahane) has been a great step forward as Year 11 begins their final HSC year.
FROM THE FACULTY THAT COUNTS

Year 7
Jeida Hunuki

Year 8
Emily Akon, Lance van Dooren e x 3, Liam Duncan

This week’s news
Years 7, 8, 9 and 10 have completed their yearly exams and still have several more topics to study in order to satisfy their completion of their courses. It is still very important that all students continue to focus on their studies and that they realise that what they are doing is also important preparatory work for next year.

Maths in Surveying Excursion
On Friday 21st November Mrs Aldabbas and Mrs Manson had the pleasure of taking a group of ten Year 10 students to the ‘Maths in Surveying’ excursion at Bicentennial Park at Homebush Bay. The students were engaged in surveying activities that reinforce their class work, especially dealing with trigonometry. These students were excellent ambassadors for our school and worked diligently. We will publish photos in the next newsletter.

Year 11 Assessment Task
Year 11 will be completing their first HSC Mathematics assessment task in week 9 of this term, which is now less than three weeks away. Year 11 students should be regularly revising their notes and preparing for these important assessment tasks in their home study times.

Year 10 Luna Park Maths Excursion
We are all looking forward to the Year 10 Luna Park excursion on Friday 5th December. This is a reward for students who have completed all of the necessary requirements of the Stage 5 course. Payment is required by Friday 21st of November.

Free Maths Tuition:
The Free Maths tuition has finished for the year. The LAST DAY WAS THURSDAY 20th November 2014.
**Calculators:**
Please make sure that all students have their own calculator. The Casio fx-82AU is sold at the uniform shop for $35. Students need this calculator from Year 7. It is vital for their progress that students are familiar with their calculator and know how to use the different functions.

**Fun with Maths**
Two athletes are training on a circular track. Anthony takes 3 complete one circuit of the track, while Draco takes 4. Thinking in terms of complete circuits, how long will it take Anthony to have completed one more circuit than Draco?

*Answer to last week’s problem:* Select digits from 1 to 9 to complete the figure below. The product of numbers in the circles connected by the different lines must be equal.

Have a Mathematical week,
From Jackie Dalton and the Maths Faculty Staff
7R and 7I Geography were challenged to create a model of a threatened habitat. Here are some of the variety of examples they came up with including lego, diaramas, minecraft, microsoft paint, terrariums. Well done on your efforts and the great presentations delivered to your classes.

C. Middleton

Coral Reefs .................after the oil spill

Reefs

Bulldozer clearing habitats

Rainforests

FROM THE HSIE DEPARTMENT

Human Society and its Environment Faculty
Reefs

Bulldozer Clearing Habitats

Rainforests

Sea Habitats

My ideal job in the Great Barrier Reef would be a tour guide.
‘Say Hi’ Week!

Say Hi is a great way to raise awareness of social inclusion at our school and to help create a school founded on inclusion.

It takes bravery…it takes guts to put yourself out on a limb and smile at a stranger, but it can make ALL the difference to someone’s day. Teeny-tiny steps can make ALL the difference!

A group of year 9 students organised a wide range of activities during “Say Hi” week. This was as part of their inclusion project which was developed during their workshops with the High resolves Program. The week started on Monday 10/11/2014 and finished on Friday 14/11/2014. The activities included a treasure hunt, soccer tournament, games and challenges around the school and a sausage sizzle to bring everybody together.

It was a great success and lots of fun for everybody was involved. I would like to thank the High Resolves team for all their hard work.

Ms. Aldabbas
THURSDAY, 20TH NOVEMBER 2014
EXTRASTAFF APPRENTICESHIPS CAREERS REGISTRATION EVENING

We have over 50 roles for apprentices and trainees starting immediately and in the New Year. Extrastaff Apprenticeships offers ongoing support, paid TAFE / training fees and increased job security.

Topics of discussion on the night include:

- How to apply for an apprenticeship or traineeship with ExtraStaff Apprenticeships
- The commitment involved in traineeships and apprenticeships and what this means for you
- How to impress the host employer
- What industries are available for you to work in
- Application and interview processes

Light Refreshments will be available on the night

REGISTER NOW! SPACES ARE LIMITED!

Call: 8838 0434 or SMS: 0439 754 784 or email: Natalie.Atelj@extrastaffapprenticeships.com.au to register

EXTRASTAFF APPRENTICESHIPS
Level 12, 100 George St
Parramatta
NSW 2150
5:00PM – 6:30PM

Do you want to earn money, learn new skills and start your own career?

Talk to our friendly ESA Team.

Register your details with our Recruitment Coordinator

FREE Registration Limited spots available
MULTICULTURAL DAY

When

28th of November
From lunch till 3pm

Where

School grounds, $5 passes
for food available on
the day in the Quad

Activities

• Sumo wrestling
• 6-side soccer
• Cultural fashion parade
• Food stalls in the quad and
between block 7 and 8
• Dance performances
• Music

By Ezra Teh
greater western sydney region presents

SCOUTS DISTRICT PROMOTION DAY
8AM – 1.30PM SATURDAY 29 NOV 2014

youth programs for young people aged 6-25 years
volunteering opportunities for adults
experience great skills and adventures in the outdoors

Here’s a chance for you and the family to have a taste of what Scouting is all about!
Find out about all the exciting opportunities Scouting has to offer such as camping, canoeing, caving, abseiling, national and international trips.
Join in the activities and be sure to take a climb on the Scouts Australia NSW rock climbing wall!
7 ½ - 11 years old? Ask us about joining our new Cub Scout Pack in 2015!

WENTWORTHVILLE SCOUT HALL
CNR DARCY ROAD AND CUMBERLAND HWY WENTWORTHVILLE
**Single with Children**

A non-profit social group operated by the Single Parent Family Association

**ARE YOU A SINGLE PARENT?**

Every week Single with Children provides fun and exciting activities especially for single parents and their children (many activities are subsidised or even free)

It's a great way to meet and get to know people in your area

To find out more and get a FREE copy of our social calendar, contact us today.

**Call 1300 300 496**

Or visit our website:

www.singlewithchildren.com.au

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**Managing Children’s Behaviour**

This seminar is for parents who have their children in their care and explores how parents can build better relationships with their children and encourage positive behaviour.

The focus is on effective discipline strategies while maintaining a strong relationship with your child/children and looking after yourself as a parent.

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8 Olive st.
Baulkham Hills NSW 2153
Perform-A-BILITY is a dance, singing & drama program designed for people of all ages with special needs and disabilities. Programs can come to you, or you can attend one of our classes!

Many programs for all special needs:
- Dance
- Movement and Drama
- Wheelchair Dance and Music
- Music Appreciation and Movement and much more!!!

Programs run throughout Newcastle, Upper Hunter & Central Coast

Opening in Sydney 2015!

Twilight Markets
Kellyville High School
Friday 28th November 2014
6pm – 9pm Stalls, Food & Entertainment
Winston Heights Public School

Twilight Markets

Friday 28 November 2014  5pm – 9pm

FREE ENTRY

* Pizza *

* Carols *

* Gozleme *

* Cake Stall *

* Sausage sizzle *

* Over 40 amazing stalls *

* with great quality Christmas gifts *

Winston Heights Public School
Buckleys Road, Winston Hills NSW 2153
Proudly organised by Winston Heights P&C
CHANGE OF CONTACT INFORMATION
MODEL FARMS HIGH SCHOOL

Name of Student: ____________________________ Year ______

New Address: ____________________________________________ Postcode: ___

Correspondence: __________________________________________ Postcode: ___

Email Address: ____________________________________________

New Home Phone No. __________________________________________

Mother Mobile: ____________________________________________

Mother Work: _____________________________________________

Father Mobile: ____________________________________________

Father Work ______________________________________________

Emergency Contact if changed: ________________________________

Phone No. _________________________________________________

Any change in Medical Condition e.g. Allergy, Asthma etc.

Details _________________________________________________

Bus Pass: YES / NO
SPORT BUS PASSES CAN NOT BE PURCHASED ON WEDNESDAYS

Sports Bus
052-001

Please indicate preferred pass:
• A 5 trip pass for $37.50 No. of passes _____ Total $_______
• A 10 trip pass for $75.00 No. of passes _____ Total $_______

Name of Student/s ___________________________ Year/s _____________

Payment by: CASH ☐ CHEQUE ☐

PAYMENT BY MASTERCARD OR VISA SLIP

Please circle the appropriate card
☐ Please debit my Mastercard / Visa Account No:

Amount in figures __________________________

Expiry Date: ____________

Name of Credit Card Holder (as shown on card)

_________________________________
# Model Farms High School

## Grade

### Boys Grade
- **Open Baseball**
  - Venue: Col Sutton vs MU
  - Time: 12:15 – 2:40
- **Open Cricket**
  - Venue: Max Ruddock vs BH
  - Time: 12:15 – 2:40
- **15’s Basketball a/b**
  - Venue: School Courts
  - Time: 12:15 – 2:40
- **Open’s Touch a/b**
  - Venue: BHHS (A’s vs CU) (B’s vs GR)
  - Time: 12:15 – 2:40
- **15’s Touch a/b**
  - Venue: MUHS (vs BH)
  - Time: 12:15 – 2:40
- **15’s AFL (9 a side)**
  - Venue: Doyle Park
  - Time: 12:15 – 2:40

### Girls Grade
- **Open Softball**
  - Venue: Max Ruddock
  - Time: 12:15 – 2:40
- **Open Oztag a/b**
  - Venue: MUHS (A’s vs NM) (B’s vs JR)
  - Time: 12:15 – 2:40
- **Open Volley a/b**
  - Venue: GRHS (A’s vs GR) (B’s vs JR)
  - Time: 12:15 – 2:40
- **15’s Volleyball a/b**
  - Venue: BHHS (A’s vs BH)
  - Time: 12:15 – 2:40
- **Open Netball a/b**
  - Venue: Gooden (B’s vs MU)
  - Time: 12:15 – 2:40
- **15’s Netball a/b**
  - Venue: Don Moore Res (A’s vs GR) (B’s vs BH)
  - Time: 12:15 – 2:40

### Mixed
- **Waterpolo**
  - Venue: Parra Pool
  - Time: 12:15 – 2:40

### Rec Sport
- **Rock Climbing $7.50 + bus**
  - Venue: The Edge Castle Hill
  - Time: 12:15 – 2:40
- **Ten Pin Wondabowl $6.50 + bus**
  - Venue: Wondabowl Castle Hill
  - Time: 12:15 – 2:40
- **Gym $7 + bus**
  - Venue: Waves
  - Time: 12:15 – 2:40
- **Ice Skating $8.00 + bus**
  - Venue: Sydney Ice Arena
  - Time: 12:15 – 2:40
- **Squash $5**
  - Venue: Winston Hills
  - Time: 12:40 – 2:40
- **Tennis Olympus $5**
  - Venue: Winston Hills
  - Time: 12:40 – 2:40
- **Rec Walking**
  - Venue: Around
  - Time: 12:40 – 2:40
- **House Sport**
  - Venue: Gooden Res School Oval
  - Time: 12:40 – 2:40

### Year 7 Sport
- **7S**
  - Venue: Rugby League Clinic
  - Time: 12:40 – 2:40
- **7R**
  - Venue: Kellyville Sports $4.50
  - Time: 12:15 – 2:40
- **7K**
  - Venue: Rugby League Clinic
  - Time: 12:40 – 2:40
- **7B**
  - Venue: Kellyville Sports $4.50
  - Time: 12:40 – 2:40
- **7I**
  - Venue: Cricket
  - Time: 12:40 – 2:40
- **7U**
  - Venue: Ice Skating $8
  - Time: 12:40 – 2:40

### Non Sport
- **School**
  - Venue: 3M1
  - Time: 12:40 – 2:40

### Sport Detention
- **School**
  - Venue: LIB
  - Time: 12:40 – 3:00

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*Middleton - Truancy*